

Saturday 11th May 2024

Time

Track				N	D	total			Field			N	D	Total		
T1		10.00	5000m	Sen m/W	10	9	19	N & D	Final	F1	10.00	Hammer	All Men	8	5	13
T2		10.30	300m H	U17W	2	2	4	N & D	Final							
T3		10.40	400m H	U20/Sen W	5	2	7	N & D	Final	F2	10.00	Long Jump	U15B	6	8	14
T4		10.50	400m H	U17M	1	0	1	N	Final							
T5		11.00	400m H	U20/ Sen M	5	1	6	N & D	Final	F3	10.00	Shot	U15G	3	8	11
Q1		11.05	Quad Kids	75m	29			N	Heats							
T6		11.20	100m	U13G	8		8	N	Final	F4	11.15	Pole Vault (1.50m)	U20/Sen M & W	2	6	8
T7	To T26	11.25	100m	U13G		10	10	D	Heats							
T8		11.30	800m	U13G	2	11	13	N & D	Final	F5	11.30	Long Jump	U13B	7	6	13
T9		11.35	300m	U15G	5	3	8	N & D	Final							
T10		11.40	300m	U15B	5		5	N	Final	F6	12.00	High Jump (1.25m)	U15/17W	4	3	7
T11		11.45	300m	U15B		5	5	D	Final	F7	12.00	Discus	U20/S/Mst W	8	3	11
T12		11.50	400m	U20W	4	1	5	N & D	Final							
T13		11.55	3000m	U17/20W	5	3	8	N & D	Final							
T14		12.10	3000m	U17/20M	7	5	12	N & D	Final	F8	12.15	Shot	U13G	3	8	11
T15		12.20	100m	M35 to 59 M	5	2	7	N & D	Final	Q2	12.15	Long Jump	Quad Kids	29		
T16		12.25	100m	M60+M	4	1	5	N & D	Final	Q3	12.15	Howler	Quad Kids	29		
T17		12.30	100m	Sen W	3	3	6	N & D	Final	F9	12.30	Javelin	M50+ Men	4	3	7
T18		12.35	100m	U20W	5	1	6	N & D	Final	F10	13.15	Long Jump	M35+ Men	5	2	7
T19		12.40	200m	U15B	8		8	N	Final							
T20		12.45	200m	U15B		8	8	D	Final	F11	13.15	High Jump (1.25m)	U20/S/35-49 Women	3	4	7
T21		12.50	200m	U13B	8		8	N	Final							
T22		12.55	200m	U13B		7	7	D	Final	F12	13.30	Discus	U15/17W	3	13	16
T23		13.00	800m	U17M	9		9	N	Final							
T24		13.05	800m	U17M		4	4	D	Final	F13	13.30	Pole Vault (1.50m)	U15/17 M & W	1	7	8
T25		13.10	1500m	U20M	1	6	7	N & D	Final	F14	13.30	Shot	Sen/Mst W	5	7	12
T26	See T7	14.00	100m	U13G				D	Final	F15	14.00	Javelin	U20/S/M35-49Men	6	5	11
T27	To T45	14.05	100m	U17W	9		9	N	Heats							
T28	To T46	14.10	100m	U17W		10	10	D	Heats							
T29		14.15	100m	M35-49W	3	3	6	N & D	Final							
T30		14.20	100m	M50-59W	4	1	5	N & D	Final							
T31		14.25	800m	U17W	6		6	N	Final							
T32		14.30	800m	U17W		5	5	D	Final	F16	14.30	Triple Jump	U15/17/20 & Sen W	8	2	10
T33		14.35	800m	U20W	3	4	7	N & D	Final							
T34		14.40	800m	U15G	9		9	N	Final							
T35		14.45	800m	U15G		12	12	D	Final							
Q4		14.50	600m	Quadkids	29			N	Heats	F17	15.00	High Jump (1.05m)	U13G	1	7	8
T36	To T44	15.15	100m	U15G	11		11	N	Heats							
T37		15.20	100m	U15G		7	7	D	Final	F18	15.15	Javelin	U13B	7	3	10
T38	To T53	15.25	200m	Sen M	10		10	N	Heats							
T39		15.30	200m	Sen M		6	6	D	Final	F19	15.30	Long Jump	U17M	5	8	13
T40	To T52	15.35	200m	U17M		9	9	D	Heats							
T41		15.40	200m	U17M	6		6	N	Final	F20	15.30	Shot	U17/20W	7	6	13
T42		15.45	200m	Sen W	7		7	N	Final							
T43		15.50	200m	Sen W		3	3	D	Final							
T44	See T36	15.55	100m	U15G				N	Final							
T45	See T27	16.00	100m	U17W				N	Final							
T46	See T28	16.05	100m	U17W				D	Final							
T47		16.10	1500m	U13B	7	2	9	N & D	Final							
T48		16.15	1500m	U15B	7	10	17	N & D	Final							
T49		16.20	200m	U20M	5	3	8	N & D	Final	F21	16.30	Javelin	U15/17M	4	10	14
T50		16.25	800m	Sen W	6	0	6	N	Final							
T51		16.30	800m	Sen M	5	1	6	N & D	Final							
T52	See T40	16.35	200m	U17M				D	Final	F22	16.30	Long Jump	U20/Sne M	7	7	14
T53	See T38	16.40	200m	Sen M				N	Final							
T54		16.50	4 x 100m	Female	11	1	12	N & D	Final	Relay declarations will be between 15.00 and 15.45						

Sunday 12th May 2024

				Track				Time				Field			
				N	D	total					N	D	Total		
T55	10.00	3000m	Sen/ master V	5	1	6	N & D	Final	F23	9.45	Long Jump	U13G	9	9	
T56	10.15	3000m	Master Men	14	8	22	N & D	Final	F24	9.45	Long Jump	U13G	12	12	
T57	10.30	1500m	U17M	4	3	7	N & D	Final							
T58	10.40	1500m	Sen M	12	3	15	N & D	Final	F25	10.00	Hammer	U15/17W	4	6	10
T59	10.45	300m	U17W	5		5	N	Final							
T60	10.50	300m	U17W		5	5	D	Final	F26	10.00	High Jump	U13/15B	5	8	13
T61	10.55	1500m	U15G	9	10	19	N & D	Final							
T62 <i>to T67</i>	11.05	70m H	U13G		10	10	D	Heats	F27	10.00	Shot	U17/20M	3	5	8
Q5	11.10	75m	Quad Kids		14	14	D	Heats							
T63	11.30	800m	U15B	7		7	N	Final	F28	11.00	Long Jump	U17/20W	7	11	18
T64	11.35	800m	U15B		11	11	D	Final							
T65	11.40	800m	U20M	5	5	10	N & D	Final	F29	11.00	Hammer	Sen/Master W	5	6	11
T66	11.45	70m H	U13G	2		2	N	Final							
T67 <i>See T62</i>		70m H	U13G				D	Final	F30	11.15	Shot	M50+Men	6	4	10
T68	11.55	75m H	U15G	3	4	7	N & D	Final							
T69	12.05	75m H	U13B	5	2	7	N & D	Final	F31	11.45	Discus	U15/17/20 M	5	9	14
T70	12.15	80m H	U17W	8	0	8	N	Final							
T71	12.25	80m H	U15B	2	2	4	N & D	Final	F32	12.15	Triple Jump	Sen/Mst M	5	1	6
T72	12.35	100m H	U20/Sen W	5	3	8	N & D	Final							
T73	12.45	100m H	U17M	2	1	3	N & D	Final	Q6	12.45	Howler	Quadkids		14	
T74	12.55	110m H	U20/Sen M	1	5	6	N & D	Final	Q7	13.30	Long Jump	Quadkids		14	
T75	13.00	1500m SC	U17/20/S W	4	0	4	N	Final	F33	12.30	Javelin	U13G	5	6	11
T76	13.10	1500m SC	U17M	3	0	3	N	Final							
T77	13.20	2000m SC	Sen M	5	1	6	N & D	Final	F34	13.30	High Jump	Sen/ Mst M	5	2	7
T78	13.55	1500m	U13G	2	4	6	N & D	Final	F35	13.45	Triple Jump	U15/17/20 Men	4	6	10
T79	14.05	1500m	U17W	4	5	9	N & D	Final							
T80	14.15	200m	U13G	7		7	N	Final	F36	13.45	Shot	U13/15B	5	9	14
T81	14.20	200m	U13G		8	8	D	Final							
Q8	14.25	600m	Quadkids		14	14	D	Heats	F37	13.50	Javelin	U15/17W	6	10	16
T82 <i>To T113</i>	14.50	200m	U15G	9		9	N	Heats							
T83 <i>To T114</i>	14.55	200m	U15G		9	9	D	Heats	F38	14.45	Discus	Sen/ 35-49 Men	3	6	9
T84 <i>To T101</i>	15.00	200m	U17W	11		11	N	Heats							
T85 <i>To T102</i>	15.05	200m	U17W		9	9	D	Heats	F39	14.45	Long Jump	Sen/ Mst W	4	6	10
T86	15.10	200m	U20W	4	2	6	N & D	Final							
T87 <i>To T109</i>	15.15	100m	U13B		9	9	D	Heats	F40	15.00	High Jump	U17/20 M	6	5	11
T88	15.20	100m	U13B		8	8	N	Final							
T89 <i>To T110</i>	15.25	100m	U15B	11		11	N	Heats	F41	16.00	Javelin	U20/Sen/ Mst W	5	6	11
T90 <i>to T111</i>	15.30	100m	U15B		13	13	D	Heats							
T91	15.35	400m	Sen W	3	0	3	N	Final	F42	16.00	Shot	Sen/35-49 M	5	6	11
T92	15.40	400m	Master W	5	1	6	N & D	Final							
T93	15.45	800m	U13B	8		8	N	Final	F43	16.00	Long Jump	U15G	5	5	10
T94	15.50	800m	U13B		6	6	D	Final							
T95	15.55	400m	Sen M	5	3	8	N & D	Final	F44	17.00	Discus	M50+ Men	4	6	10
T96	16.00	400m	U17M	6	2	8	N & D	Final							
T97	16.05	400m	U20M	7		7	N	Final							
T98	16.10	400m	U20M		4	4	D	Final							
T99	16.15	400m	M35-49M	4	1	5	N & D	Final							
T100	16.20	400m	M50+ M	6	2	8	N & D	Final							
T101 <i>See T84</i>	16.25	200m	U17W				N	Final							
T102 <i>See T85</i>	16.30	200m	U17W				D	Final							
T103	16.35	100m	U17M	6		6	N	Final							
T104	16.40	100m	U17M		5	5	D	Final							
T105	16.45	100m	U20M	7		7	N	Final							
T106	16.50	100m	U20M		8	8	D	Final							
T107	16.55	100m	Sen M	6		6	N	Final							
T108	17.00	100m	Sen M		5	5	D	Final							
T109 <i>See T87</i>	17.05	100m	U13B				D	Final							
T110 <i>See T89</i>	17.10	100m	U15B				N	Final							
T111 <i>See T90</i>	17.15	100m	U15B				F	Final							
T112	17.20	1500m	U20/ SenW	7	8	15	N & D	Final							
T113 <i>See T82</i>	17.30	200m	U15G				N	Final							
T114 <i>See T83</i>	17.40	200m	U15G				D	Final							
T115	17.50	4 x 100m	Male	13	4	17	N & D	Final							

Relay declarations will be between 16.00 and 16.45