

**Derbyshire Athletics and  
Nottinghamshire A.A.**

**Cross Country Championships 2026**

**Permit Numbers CC25/1781**

**Under UKA rules**



**Bulwell Hall Park**

**Nottingham NG6 8LF**

**Saturday 3<sup>rd</sup> January 2026**

## Championship welcome

*On behalf of Derbyshire Athletics welcome to the 27th shared Cross Country Championships with Nottinghamshire AAA at Bulwell Hall Park, Nottingham. I would like to extend a warm welcome to all the athletes of all ages competing today. It is wonderful to see athletes competing in all age categories including the 75+ vets for both men and women. I'm sure the racing will be competitive and entertaining. Not only are Championship medals up for grabs but also team places for the Inter County CAU Championships in March. Athletes are to look out for their selection letters at the end of their race. Thank you to the people who work tirelessly behind the scenes – designing and building the courses, accepting the online entries over several weeks, the organisation and preparation for the Championships over several months and the roles of the Technical Officials and volunteers throughout a long and challenging day. Good luck to everyone taking part in whatever capacity today.*

*Keith Tolley*

*Chair Derbyshire Athletics*

*On behalf of the Nottinghamshire Amateur Athletics Association I would like to bid you all a very warm welcome to Bulwell Park and the County Cross Country Championships of 2026.*

*Cross country running has a rich heritage going back many decades that has been graced by athletes at grass root level to those of international status and provides the opportunity to test yourself against the elements and challenges that cross country has to offer. May I wish you all the very best in your endeavours today and throughout the forthcoming year.*

*Thank you to all of the officials and marshals who have given up their valuable time to make today a success, Bulwell Park for the use of their facilities with special thanks to Mick Robinson for providing a Championship course and thank you to the medical team for keeping us safe.*

*Last but not least "Thanks You" for supporting athletics, have a great day and good luck to each and every one of you.*

*Pat Carlan*

*President: Notts AAAs*

*A special thank you to Derby Runner for once again sponsoring the numbers for our races*

*[www.derbyrunner.co.uk](http://www.derbyrunner.co.uk)*

*And to Newark Community First Aid for First aid cover.*

**Track and Field Championships 2026**

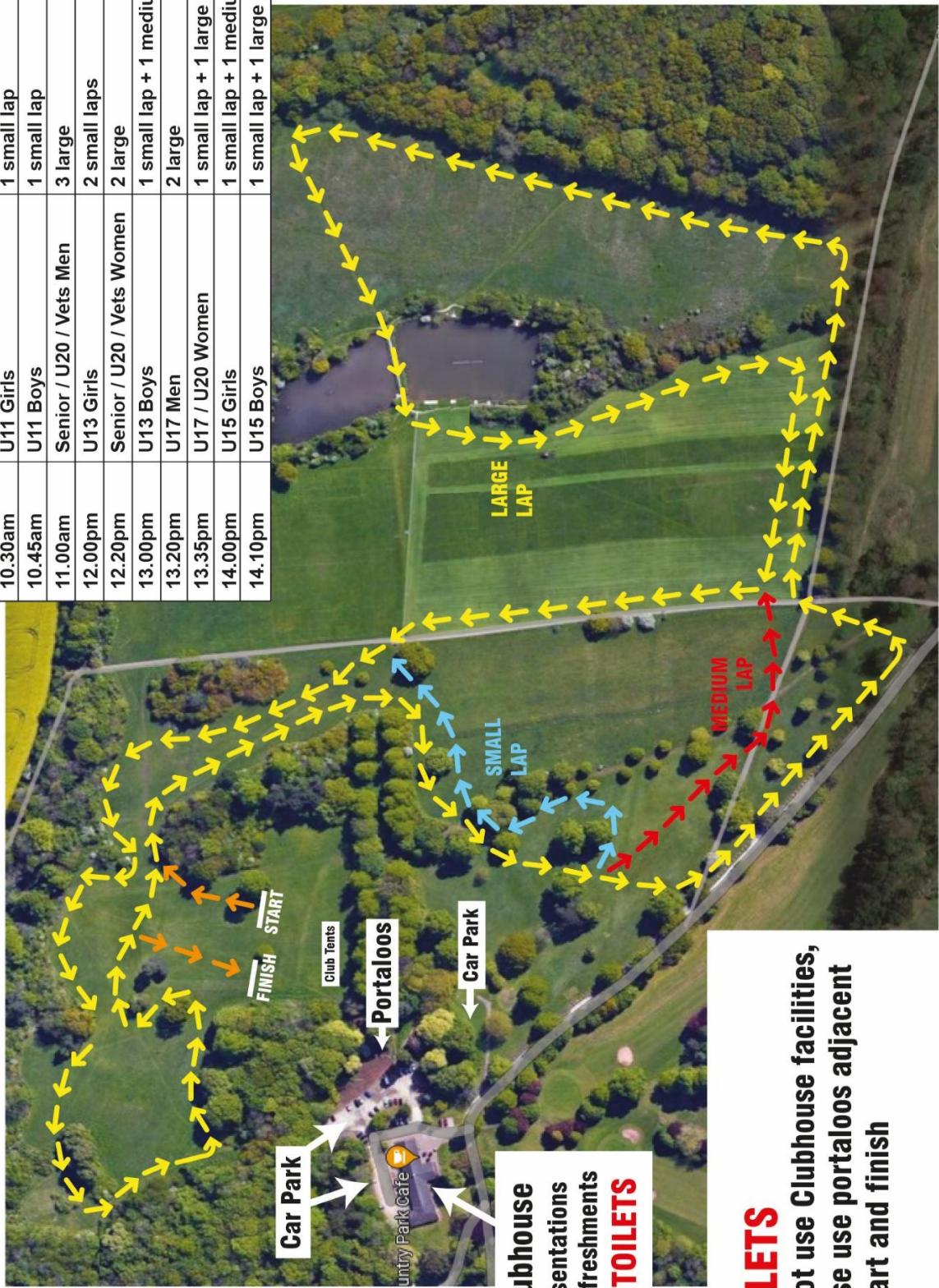
**Moorways Derby**

**9<sup>th</sup> and 10<sup>th</sup> May 2026**

**Save the dates**

# 2026 Notts AAA Cross Country Championships 03/01/26

Bulwell Hall Park, Nottingham			03/01/26
10.30am	U11 Girls	1 small lap	
10.45am	U11 Boys	1 small lap	
11.00am	Senior / U20 / Vets Men	3 large	
12.00pm	U13 Girls	2 small laps	
12.20pm	Senior / U20 / Vets Women	2 large	
13.00pm	U13 Boys	1 small lap + 1 medium lap	
13.20pm	U17 Men	2 large	
13.35pm	U17 / U20 Women	1 small lap + 1 large lap	
14.00pm	U15 Girls	1 small lap + 1 medium lap	
14.10pm	U15 Boys	1 small lap + 1 large lap	



Please note U20 Women are competing in Race at 13.35 along with U17 Women not in Senior Women's race

## Information and Championship Rules

**Car Parking** - The entrance into the park is a single track and will be managed by marshals. At peak times delays will be inevitable, allow extra time. Please be patient, remember everyone involved is a volunteer. The parking area will be at the top of the drive on the grass, to the right as previous. Please drive slowly and avoid wheel spin.

**Toilets** - are portaloos on the car park between the clubhouse and the start.

**ATHLETES MUST NOT USE THE CLUBHOUSE TOILETS.** If entering the club house to purchase food or drinks please remove any spiked or muddy shoes. **Any damage will cost the counties money in restoration.**

**No litter** - please take all litter home with you including kit, food, wrappers, bottles etc.

Please respect all other Park users, they have the right to be there and the future use of this park depends on our conduct.

**Registration** - Club age group Team Managers/Representatives please collect race numbers from Registration desk at least 60mins prior to the race start time. Numbers may not be given out to individual runners. Please note there will be no safety pins available at registration - Please ensure you bring your own.

**Results** - These will be posted near the registration / Presentation area as and when they are available. Presentations will be made ASAP after each race; timing will depend on processing of the results. Please listen out for announcements.

### **Competition Rules**

- Runners can wear only Club/School, County, Area, National or, international vests. Unattached runners may wear any vest. If for any reason you need to wear any other vest, athletes **MUST** seek permission from the Race Referee. Only First claim club vests to score in the team competition.
- Nottinghamshire athletes will wear white numbers from 1 -599 and wear their numbers on their fronts only.
- Derbyshire athletes will wear yellow numbers from 601-900 and will wear their numbers on the front and back.
- Any athlete NOT wearing a number will NOT be allowed to run
- Race numbers must be worn as issued and not to be turned over or altered in any way
- **Anyone wearing headphones or using a mobile phone during the race WILL BE DISQUALIFIED**

### **Team Scoring and Awards**

In the event of a tie in team score points, the team whose last scoring member finishes nearest first place shall determine the result. All athletes must be from the same county for each team.

**Derbys Teams.** Awards first 3 teams in each age group (3 to score except Senior/Masters Women [4 to score irrespective of age group], Masters Men [4 to score irrespective of age group] and Senior Men [5 to score])

### **Notts Teams**

Under 17/20 women will be a combined team competition using any combination of runners (3 to score).

Senior Men which will be 6 to score, Masters Men 4 to score, all others 3 to score. There is **NO** Under 20 Men's team competition. Under 20 and Masters Men may score in a Senior Men's team.

Teams will be scored using the first required number of athletes 6/4/3 to finish. B teams etc would score the next 6/4/3 whatever number required for that age group.

Masters Men and Masters Women who wish to score as separate Masters teams **MUST** be declared otherwise they will be included in the senior team. Please declare your teams at the registration desk on the day.

## **UK CAU Cross Country Championships**

Successful athletes will receive an invitation as they finish the race to represent their respective county at the UK CAU Championships at Wollaton Park, Nottingham on Saturday 7th March 2026. There will be races for ALL age groups, except U11s and Masters at the CAU Champs.

**Derbyshire** teams will be selected only on performances in these Championships. Please note, 'If a Masters athlete finishes in a qualifying position in the joint Senior/Masters race they will be invited to represent Derbyshire as a Senior".

Some Under 20 athletes may be too old for their Inter-County race (IAAF age groups are used) - the age group is U20 at midnight on 31st Dec 2025. However these athletes can be considered for the Senior team. For the affected athletes as U20M will run in the same race as senior men position in this race will determine eligibility for the Senior team. As U20W will not be running in the same race as senior women any affected athletes who want to be considered for the senior team should request a switch to the Senior Women's race.

### **CAU Entry Details**

Each County/District is invited to enter up to 12 athletes per event with 8 to run and 4 only to score for team awards, with the exception of the Senior Men and Senior Women's races, which shall be 15 to enter, with 9 to run and 6 to score for the team.

**PLEASE NOTE : If an Athlete competes in an England County, Scottish District, Welsh Region or Northern Ireland XC Championships, in the year of competition, then they are only eligible to represent that County, District, Region or Northern Ireland in the Inter-Counties.**

### **Age Groups: For Entries to the CAU:**

These are as defined by U.K.Athletics:

Boys and Girls under 13 years as at Midnight 31<sup>st</sup> August/1<sup>st</sup> September 2025

Boys and Girls under 15 years as at Midnight 31<sup>st</sup> August/1<sup>st</sup> September 2025

Men and Women under 17 years as at Midnight 31<sup>st</sup> August/1<sup>st</sup> September 2025

Men and Women under 20 years as at Midnight 31<sup>st</sup> December 2026

Senior Men and Women over 20 years as at Midnight 31<sup>st</sup> December 2026

### **UKA Anti-Doping Rules:**

An entrant shall be deemed to have made him/herself/their self, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the licence holder is a citizen of, or resident in, the UK.

## Officials

Meeting Manager	Paul Smith		
Referee	Ange Roe		
Assistant Referee	Gareth Bagguley		
Starter	Steve Roe		
Start Area Co-ordinator	Rob Fox	John Knight	
Finish Area Co-ordinator	Jane Pidgeon		
Line Judge	Gwen Hines	John Knight	
Judge/Recorders	Kate Else	Wendy Kane	
	Fred Pidgeon	Hilary Burton	
Time Keepers	Jeremy Reichelt	Mike	
Time Keeper Recorders	Robert Orgill	Heffernan	
		Lynne Pope	
Funnel Manager	Sue Heffernan		
Results Runner	Tony McGraw		
Results	Sheila O'Keefe	David O'Keefe	
Registration	Christine Knight		
Safeguarding Lead	Ange Roe		
Clerk of Course	Mick Robinson	Notts AC	
CAU Invitations	Sarah McGraw	Nikki Gibson	
		Tom Hughes	
Presentation	Pat Carlan		

## Timetable

10:30 U11 Girls - 1 Small Lap

10:45 U11 Boys - 1 Small Lap

11:00 U20/ Senior/ Master Men - 3 Large Laps

12:00 U13 Girls - 2 small Laps

12.20 Senior / Master Women - 2 Large laps

13.00 U13 Boys - 1 Small Lap & 1 Medium Lap

13.20 U17 Men - 2 Large Laps

13.35 U17 /20 Women - 1 Small Lap & 1 Large Lap

14:00 U15 Girls - 1 Small Lap & 1 Medium Lap

14:10 U15 Boys - 1 Small Lap & 1 Large Lap

Nottinghamshire			Derbyshire			
Race 1	10.30	Under 11 Girls	Race 1	10.30	Under 11 Girls	
540	April	Malone	Amber Valley and Erewash AC	601	Esme	Wainwright
541	Florence	Sibley	Amber Valley and Erewash AC	602	Florence	Sibley
542	Jessica	Wright	Amber Valley and Erewash AC	603	Edith	Martin
543	Everly	Chijioke	Mansfield Harriers & AC	604	Lily	Rogers
544	Junia	Freeman	Mansfield Harriers & AC	605	Lilika	Yokoyama-Nichols
545	Emily	Horsnall	Mansfield Harriers & AC			Matlock AC
546	Isla	Huntington	Mansfield Harriers & AC			
547	Lucy	Pate	Mansfield Harriers & AC			
548	Quinn	Sprengel-Potter	Notts AC			
549	Madison	Ball	Retford AC			
550	Marcelle	Jackson	Rushcliffe AC			
551	Bethany	Hands	Worksop Harriers & AC			
552	Libby	Mould	Worksop Harriers & AC			
553	Lauren	Townrow	Worksop Harriers & AC			
554	Beatrice	Gray	Abbey Road School			
Race 2	10.45	Under 11 Boys	Race 2	10.45	Under 11 Boys	
324	Benjamin	McLaren	Amber Valley and Erewash AC	606	George	Whittleton
325	Leo	Adams	Mansfield Harriers & AC	607	Charlie	Groves
326	Logan	Payne	Mansfield Harriers & AC	608	Harry	Lees
327	Ronnie	Skevington	Mansfield Harriers & AC	609	William	Hodgson
328	Alex	Woods	Mansfield Harriers & AC	610	Henry	Colbourne
329	Liam	Boby	Newark AC	611	Arthur	Toogood
330	Oscar	Madeley	Newark AC	612	Ronnie	Wood
331	Dylan	O'Brien	Newark AC	613	Fraser	Robertson
332	Freddie	O'Donnell	Newark AC	614	Max	Gill
333	Simeon	Beeching	Notts AC	615	Henry	Birkett
334	Thomas	Dell	Notts AC	616	Oliver	Gallie
335	Ned	Fearnshaw	Notts AC	617	Theo	Van Dijk
336	Jacob	Hawkes	Notts AC	618	Joseph	Dutton
337	Trevontae	Seamer	Notts AC	619	Zachary	Griffiths
338	Caleb	Wilkins	Notts AC	620	Amos	Huck
339	Luke	Winstanley	Notts AC			Unattached
340	Jack	Smith	Retford AC			
341	Rafe	Gaunt	Rushcliffe AC			
342	Oliver	Johnson	Rushcliffe AC			
343	Oakley	Allsop	Worksop Harriers & AC			
344	Hugo	McCarthy	Worksop Harriers & AC			
345	George	North	Worksop Harriers & AC			
346	Freddie	North	Worksop Harriers & AC			
347	Liam	Cheng	Kinoulton Primary School			
Race 3	11.00	Under 20 /Senior / Master Men U20M	Race 3	11.00	Under 20 /Senior / Master Men U20M	
201	James	Norman	Charnwood AC	621	William	Wright*
202	Edward	Holden	Mansfield Harriers & AC	622	Daniel	Cope
203	Jacob	Nugent	Mansfield Harriers & AC	623	Joseph	Young*
204	Kole	Perkins *	Mansfield Harriers & AC	624	Thomas	Gilliver
205	Edward	Sankey	Mansfield Harriers & AC	625	Jack	Maris*
206	Ewan	Collier	Notts AC	626	Will	Shearstone*
207	Tom	Dinning	Notts AC			North Derbyshire RC
208	Luke	Hesketh *	Notts AC			North Derbyshire RC
209	Josh	Smith	Notts AC			

**\*Would not eligible for U20 team at CAU inter-counties****\*Would not eligible for U20 team at CAU inter-counties**

Sen M				Sen M			
301	Jon-Philip	Seymour	Holme Pierrepont RC	627	Finley	Pidcock	Burton AC
302	Andy	Aiston	Ilkeston RC	628	Lucas	Parker	Buxton AC
303	Joe	Timson	Kimberley & District Striders	629	Leo	Parker	Buxton AC
304	Jordan	Boam	Mansfield Harriers & AC	630	Samuel	Soles	Buxton AC
305	Ben	Burnham	Mansfield Harriers & AC	631	Ewan	Spencer	Cambridge & Coleridge AC
306	Alex	Hampson	Mansfield Harriers & AC	632	David	Bishop	Derby AC
307	George	Kowalski	Mansfield Harriers & AC	633	Charlie	Haste	Derby AC
308	Dan	Dunnington	Newark AC	634	Daniel	Haymes	Derby AC
309	Emanuele	Cammarata	Notts AC	635	Patrick	Welsh	Derby AC
310	Jack	Holland	Notts AC	636	Joseph	Booth	Derby AC
311	Oliver	Hunt	Notts AC	637	Joe	Ashdown	Derby Triathlon Club
312	Ben	Norris	Notts AC	638	Jonah	Patton	Hallamshire Harriers Sheffield
313	Cameron	Smith	Notts AC	639	Finlay	Grant	Hallamshire Harriers Sheffield
314	George	Tipping	Notts AC	640	Joshua	Hazeldine	Ilkeston RC
315	William	Trease	Notts AC	641	Jack	Broughton	Ilkeston RC
316	Craig	Wescott	Notts AC	642	Sam	Waddingham	Ilkeston RC
317	Matt	Williams	Notts AC	643	Dominic	Jeffrey	Ilkeston RC
318	Lewis	Tarnai-Wilson	Sutton-in-Ashfield Harriers & AC	644	Ben	Hurdis	Ilkeston RC
319	Thomas	Welham	Sutton-in-Ashfield Harriers & AC	645	Josh	Cocking	Ilkeston RC
				646	William	Tighe	Leeds City AC
				647	Joshua	Mitchell	Mansfield Harriers & AC
				648	Ben	Meakin	Matlock AC
				649	David	Robertson	Matlock AC
				650	Joshua	Wragg	Rotherham Harriers and AC
				651	Sam	Gilson	Rotherham Harriers and AC
				652	Alex	Ediker	Salford Harriers & AC
				653	Patrick	Magner	Unattached
35-44M				35-44M			
400	Andrew	Mitchell	Beeston AC	654	Nathan	Brickman	Belper Harriers
401	Andrew	Scott	Beeston AC	655	William	Throssel	Buxton AC
402	David	Thomas	Beeston AC	656	Callum	Dsouza	Buxton AC
403	Andrew	Warburton	Herne Hill Harriers	657	Ben	Light	Buxton AC
404	Joseph	Gunn	Holme Pierrepont RC	658	Ian	Stevens	Derby AC
405	Chris	Kilburn	Holme Pierrepont RC	659	Dale	Annable	Henor RC
406	James	Kirkwood	Holme Pierrepont RC	660	Ryan	Ball	Ilkeston RC
407	Andrew	Soley	Holme Pierrepont RC	661	Alex	Duthie	Ilkeston RC
409	Micheal	Perry	Kimberley & District Striders	662	David	Jones	Ilkeston RC
410	Ryan	Stocks	Kimberley & District Striders	663	Lewis	Whiting	Ilkeston RC
411	Drew	Hurst	Mansfield Harriers & AC	664	David	Feely	Ilkeston RC
412	Dan	Trainor	Mansfield Harriers & AC	665	Christopher	Patterson	Mansfield Harriers & AC
413	Liam	Watson	Mansfield Harriers & AC	666	Jose Rodolfo	Rivas Gutierrez	Matlock AC
414	Daniel	Wheat	Mansfield Harriers & AC	667	Daniel	Haworth	Matlock AC
415	Paul	Wright	Mansfield Harriers & AC	668	Colin	Davenport	Matlock AC
416	Timothy	Bagguley	Newark AC	669	Roy	Austin	Matlock AC
417	Thomas	Marshall	Newark AC	670	Matt	Jackson	North Derbyshire RC
418	Alex	O'Donnell	Newark AC	671	Bryce	Ward	North Derbyshire RC
419	Amdebrhan	Berhe	Notts AC	672	Tom	Topham	North Derbyshire RC
420	Rezene	Hayle	Notts AC	673	Luke	Beresford	Ripley RC
421	John	Muddeman	Notts AC	674	Matt	Nicholls	Ripley RC
422	Mark	Garratt	Redhill Road Runners	675	Ryan	Blake	Team Derby Runner
423	Martin	Lee	Redhill Road Runners				
424	Adam	Leighton	Redhill Road Runners				
425	James	McDonnell	Redhill Road Runners				

426	Andrew	O'Reilly	Redhill Road Runners				
427	Leigh	Stubbs	Redhill Road Runners				
428	Bryan	Cherry	Worksop Harriers & AC				
429	Nick	Mould	Worksop Harriers & AC				
430	Thomas	Shaw	Worksop Harriers & AC				
431	Adam	Turner	Worksop Harriers & AC				
			<b>45-54M</b>			<b>45-54M</b>	
433	Dave	Bish	Beeston AC	676	Patrick	Wright	Bakewell AC
434	John	Evans	Beeston AC	677	Chris	Jordan	Belper Harriers
435	Ian	Hunter	Beeston AC	678	Chris	Greenwood	Buxton AC
436	Niki	Russell	Beeston AC	679	Mark	Shorter	Buxton AC
437	Alex	Ferrari	Holme Pierrepont RC	680	Robert	White	Buxton AC
438	Matthew	Grainge	Holme Pierrepont RC	681	Lewis	Banton	Clowne Road Runners Club
439	Nick	Pidgeon	Holme Pierrepont RC	682	Jerome	Jones	Derby Triathlon Club
440	William	Taylor	Holme Pierrepont RC	683	Paul	Whittleton	Ilkeston RC
441	Steve	Tupholme	Holme Pierrepont RC	684	Kevin	Pounder	Ilkeston RC
442	Scott	Marshall	Ilkeston RC	685	David	Millington	Ilkeston RC
443	Daniel	Bailey	Kimberley & District Striders	686	John	McCurdy	Ilkeston RC
444	Darlington	Magalela	Long Eaton RC	687	Gordon A	Smith	Ivanhoe Runners
445	Jan	Bailey	Mansfield Harriers & AC	688	Daniel	Hawley	Long Eaton RC
446	David	Cass	Mansfield Harriers & AC	689	Gary	Newham	Long Eaton RC
447	Jamie	Macintyre	Mansfield Harriers & AC	690	Andrew	Basey	North Derbyshire RC
448	Ben	McClemens	Mansfield Harriers & AC	691	Steven	Gascoyne	North Derbyshire RC
449	Tom	Newbould	Mansfield Harriers & AC	692	Richard	Tissington	Shelton Striders
450	Dan	Nugent	Mansfield Harriers & AC	693	Jason	Ball	Sinfin RC
451	Andy	Walker	Mansfield Harriers & AC	694	Craig	Pepper	Team Derby Runner
452	Paul	Chaplin	Notts AC	695	Mark	Ison	Team Derby Runner
453	Steve	Long	Notts AC	696	Philip	Stevenson	Unattached
454	Allan	Wilson	Notts AC				
455	Paul	Davies	Redhill Road Runners				
456	Mark	Davis	Redhill Road Runners				
457	Simon	Holmes	Redhill Road Runners				
458	Lindsay	Robinson	Redhill Road Runners				
459	Wayne	Stott	Redhill Road Runners				
460	Simon	Foster	Retford AC				
461	Stephen	Dickens	Rushcliffe AC				
462	Neil	Allsop	Worksop Harriers & AC				
463	David	Bulmer	Worksop Harriers & AC				
			<b>55-64M</b>			<b>55-64M</b>	
465	John	Hunt	Beeston AC	697	David	Horton	Belper Harriers
466	Andrew	Taplin	Beeston AC	698	Paul	Markall	Buxton AC
467	Kenny	Wilson	Beeston AC	699	Paul	Durkin	Buxton AC
468	Mark	Dempsey	Holme Pierrepont RC	700	John	Cannon	Cannon Events RC
469	Robert	Hand	Holme Pierrepont RC	701	Owen	Barron	Derby Triathlon Club
470	Richard	Holt	Holme Pierrepont RC	702	Julian	Bloor	Ilkeston RC
471	Adrian	Low	Holme Pierrepont RC	703	Paul	Robinson	Ilkeston RC
472	Peter	Edmonds	Long Eaton RC	704	Roy	Woods	Ilkeston RC
473	Geoff	Cooper	Matlock AC	705	Tony	Donaldson	Ilkeston RC
474	Robert	Baylies	Redhill Road Runners	706	Andrew	Dickenson	Long Eaton RC
475	Owen	Jones	Redhill Road Runners	707	Steve	Lomas	Macclesfield Harriers & AC
476	Tony	Lowe	Redhill Road Runners	708	Rob	Curtis	Matlock AC
477	Peter	McNally	Redhill Road Runners	709	Ian	Pitkin	Matlock AC
478	Simon	Nash	Redhill Road Runners	710	Andy	Tarry	North Derbyshire RC
479	Paul	Newton	Redhill Road Runners	711	Garry	Elkington	North Derbyshire RC
480	Tim	Raynor	Redhill Road Runners	712	Neil	Shipley	Rolls Royce Harriers

481	Steve	Charlesworth	Retford AC	713	Tim	Norman	Run 4 U and Perform RC
482	Paul	Hendrick	Rushcliffe AC	714	Karl	Petch	Shelton Striders
483	Graham	Moffatt	Rushcliffe AC	715	Tim	Bentley	Shelton Striders
484	Brendan	Devlin	Sinfin RC	716	Duncan	Cowie	Sinfin RC
<b>65-74M</b>							
487	Peter	Orme	Heanor RC	718	Clive	Toplass	Derby AC
488	Nick	Tennant	Kimberley & District Striders	719	Mick	Moorhouse	Matlock AC
489	alan	maplethorpe	Long Eaton RC	720	Tony	Barable	Matlock AC
490	Richard	Wilkinson	Long Eaton RC	721	David	Hicken	North Derbyshire RC
491	Stephen	Davies	Mansfield Harriers & AC	722	Christopher	Morrison	Sinfin RC
492	Andrew	Wetherill	Mansfield Harriers & AC	723	Bob	Foreman	Unattached
493	David	Oxland	Notts AC				
494	Mark	Salter	Redhill Road Runners				
495	Nicholas	Luke	Sutton-in-Ashfield Harriers & AC				
496	Paul	Needham	Long Eaton RC				
<b>75+M</b>							
498	Michael	Read	Beeston AC	724	Les	Thurston	Matlock AC
499	Michael	Horn	Redhill Road Runners	725	Peter	Collinge	Ripley RC

<b>Race 4</b>		<b>12.00</b>	<b>Under 13 Girls</b>	<b>Race 4</b>		<b>12.00</b>	<b>Under 13 Girls</b>
351	Daisy	Brewster	Mansfield Harriers & AC	726	Elsie	Whittleton	Amber Valley and Erewash AC
352	Scarlett	Brumfitt	Mansfield Harriers & AC	727	Alyssa	Lindsay	Burton AC
353	Esme	Evans	Mansfield Harriers & AC	728	Penelope	Curzon	Buxton AC
354	Martha	Manson	Mansfield Harriers & AC	729	Georgia	Cudahy	Buxton AC
355	Lauren	Pate	Mansfield Harriers & AC	730	Francesca	Mayers	Chesterfield & District AC
356	Catherine	Rivis	Mansfield Harriers & AC	731	Ellie	Pepper	Derby AC
357	Evelyn	Wheat	Mansfield Harriers & AC	732	Joyce	Lenton	Derby AC
358	Robin	Overbury	Newark AC	733	Faith	Harries	Derby AC
359	Scarlett	Stoddart	Newark AC	734	Freya	Ratcliffe	Derby AC
360	Lydia	Coultate	Notts AC	735	Eva	Turner	Hallamshire Harriers Sheffield
361	Alice	Coultate	Notts AC	736	Caitlin	Turner-Hart	High Peak AC
362	Maisie	Hughes	Notts AC	737	Holly	Woolley	High Peak AC
363	Elsie	Plant	Notts AC	738	Lily	Heywood	High Peak AC
364	Katherine	Foster	Retford AC	739	Georgie	Riley	High Peak AC
365	Madeleine	Mattock	Retford AC	740	Bea	Allen	High Peak AC
366	Aggie	Gaunt	Rushcliffe AC	741	Maddy	Lurati	Matlock AC
367	Rafaella	Jackson	Rushcliffe AC	742	Neve	Keeling	Unattached
368	Daniela	Raspin-Fernandez	Rushcliffe AC				

<b>Race 5</b>		<b>12.20</b>	<b>Senior / Master Women</b>	<b>Race 5</b>		<b>12.20</b>	<b>Senior / Master Women</b>
			<b>Sen W</b>				<b>Sen W</b>
501	Martha	Coyle	Beeston AC	743	Amy	Whelan	Buxton AC
502	Sarah	Maston	Mansfield Harriers & AC	744	Rachel	Duckworth	Derby AC
503	Hannah	Wragg	Mansfield Harriers & AC	745	Evelyn	Jones	Derby AC
504	Alice	Gibbs	Newark AC	746	Sarah	Bourne	Derby AC
505	Hannah	Jackson	Newark Striders Running Club	747	Hannah	Coleman	Derby AC
506	Hannah	Strange	Newark Striders Running Club	748	Amy	Gauvrit	Heanor RC
507	Kiri	Marsh	Notts AC	749	Jessica	Denman	Ilkeston RC
508	Becca	Peach	Notts AC	750	Hollie	Broughton	Ilkeston RC
509	Hannah	Trotman	Notts AC	751	Heather	Howarth	Ilkeston RC
510	Roisin	McNally	Redhill Road Runners	752	Victoria	Appelmann	Ilkeston RC
511	Frankie	Berry	Rushcliffe AC	753	Steffi	Luker Edwards	Leeds City AC
512	Rebecca	Bull	Sutton-in-Ashfield Harriers & AC	754	Molly	Peel	Mansfield Harriers & AC
513	Kate	Meeson	Trafford AC	755	Sophie	Toyn	Mansfield Harriers & AC

514	Darcie	Wasnidge	Worksop Harriers & AC	756	Alice	Cundy	Matlock AC
				757	Hannah	Barnett	North Derbyshire RC
				758	Natalie	Harvey	North Derbyshire RC
				759	Grace	Hill	North Derbyshire RC
				760	Amy	Shelton	Ripley RC
				761	Catherine	Williams	Sinfin RC
				762	Georgina	Illsley	Sinfin RC
			<b>35-44W</b>				<b>35-44W</b>
101	Lucy	Grant	Beeston AC	763	Sam	Village	Belgrave Harriers
102	Sarah	Taylor	Beeston AC	764	Michelle	Jakeway	Ilkeston RC
103	Juliet	Potter	Charnwood AC	765	Adelle	Whittleton	Ilkeston RC
104	Jane	Potter	Charnwood AC	766	Kimberley	Ravenscroft	Long Eaton RC
105	Victoria	Thurston	Formula One Circuit Crew	767	Sarah	Johnstone	Long Eaton RC
106	Tara	Ricketts	Holme Pierrepont RC	768	Lottie	Riddle	Mansfield Harriers & AC
107	Emma	Stevenson	Holme Pierrepont RC	769	Rebecca	Curtis-Hall	Matlock AC
108	Kirsty	Weedon	Holme Pierrepont RC	770	Caroline	Robertson	Matlock AC
109	Claire	Noonan	Long Eaton RC	771	Victoria	Cook	Matlock AC
110	Cristina	Dinescu	Mansfield Harriers & AC	772	Alaina	Bond	Matlock AC
111	Kirsty	Huntington	Mansfield Harriers & AC	773	Lucy	Taylor	Matlock AC
112	Rebecca	Gallop	Newark AC	774	Lisa	Jones	Matlock AC
113	Philippa	Clarke	Newark Striders Running Club	775	Emma	Fitzgerald	Matlock AC
114	Miriam	Evans	Notts Women Runners	776	Mandy	Curtis	North Derbyshire RC
115	Rebecca	Barson	Redhill Road Runners	777	Laura	Dutton	Run 4 U and Perform RC
116	Hilary	Foster	Redhill Road Runners	778	Angela	Griffiths	Run 4 U and Perform RC
117	Kathryn	Hague	Redhill Road Runners	779	Caroline	Brock	Steel City Striders RC
118	Jessica	Necchi	Redhill Road Runners				
119	Francia	Santos	Redhill Road Runners				
120	Charlotte	Sykes	Redhill Road Runners				
121	Natalie	Wilson	Redhill Road Runners				
			<b>45-54W</b>				<b>45-54W</b>
125	Debra	Fearnshaw	Beeston AC	780	Samantha	Willis	Buxton AC
126	Melanie	Hopewell	Beeston AC	781	Ruth	Gowers	Buxton AC
127	Lisa	Jones	Beeston AC	782	Joanne	Cudahy	Buxton AC
128	Salome	Maybanks	Beeston AC	783	Jayne	Lynas	Heanor RC
129	Catherine	Millet	Formula One Circuit Crew	784	Sonia	Hutchby	Ilkeston RC
130	Sarah	Williams	Formula One Circuit Crew	785	Emma	Bennett	Ilkeston RC
131	Janet	Atkinson	Holme Pierrepont RC	786	Yulia	Ravenhill	Ilkeston RC
132	Joanne	Congerton	Holme Pierrepont RC	787	Corrina	Loosemore	Ilkeston RC
133	Donna	Davenport	Holme Pierrepont RC	788	Stacey	Sangster	Long Eaton RC
134	Nicola	Jones	Holme Pierrepont RC	789	Nicola	Hubbard	Mansfield Harriers & AC
135	Lisa	Deacon	Kimberley & District Striders	790	Cherry	Moger	Matlock AC
136	Helen	Woods	Kimberley & District Striders	791	Ayako	Yokoyama-Nichols	Matlock AC
137	Rachel	Lee	Long Eaton RC	792	Louise	Lambert	North Derbyshire RC
138	Carolyn	Hay	Mansfield Harriers & AC	793	Alison	Butlin	Ripley RC
139	Katherine	Malone-Brumfitt	Mansfield Harriers & AC	794	Lisa	Skermer	Ripley RC
140	Gillian	Newbould	Mansfield Harriers & AC	795	Rachel	Felix	Ripley RC
141	Angela	Brown	Notts AC	796	Joanne	Gilliver	Ripley RC
142	Catherine	Charlton	Notts AC	797	Karolina	Kucharek	Sinfin RC
143	Joanne	Clamp	Notts AC	798	Caroline	Scott	Sinfin RC
144	Rachel	Whittaker	Notts AC	799	Claire	Bardsley	Start2Jog
145	Diane	Stewart	Redhill Road Runners				
146	Charlotte	Buck	Redhill Road Runners				
147	Vivienne	Craven	Redhill Road Runners				
148	Lisa	Doyle	Redhill Road Runners				
149	Rachel	Drury	Redhill Road Runners				

150	Sarah	Simpson	Redhill Road Runners				
151	Laura	Gapski	Ripley RC				
152	Sarah	Gaunt	Rushcliffe AC				
153	Sally	Bulmer	Worksop Harriers & AC				
<b>55-64W</b>							
155	Christine	Bexton	Beeston AC	800	Rachel	Poole-Fenwick	Bakewell AC
156	Elaine	Clifford	Beeston AC	801	Heather	Fryer-Winder	Buxton AC
157	Bev	Barnes	Kimberley & District Striders	802	Catherine	Hughes	Ilkeston RC
158	Claire	Needham	Long Eaton RC	803	Louise	McQuade	Long Eaton RC
159	Helen	Stout	Long Eaton RC	804	Nicky	Dick	Matlock AC
160	Sharon	Armitage	Mansfield Harriers & AC				
161	Debbie	Bouwer	Newark Striders RC				
162	Michelle	Vallance	Notts Women Runners				
163	Michelle	Butler	Redhill Road Runners				
164	Tracy	Knowles	Redhill Road Runners				
165	Cathrine	Mhembere	Worksop Harriers & AC				
<b>65-74W</b>							
168	Barbara	Stevens	Mansfield Harriers & AC	805	Elizabeth	Evans	Chesterfield & District AC
169	Rosemary	Horn	Redhill Road Runners	806	Mary	Norman	Run 4 U and Perform RC
<b>75+W</b>							
				807	Maddy	Collinge	Mansfield Harriers & AC

<b>Race 6</b>	<b>13.00</b>	<b>Under 13 Boys</b>		<b>Race 6</b>	<b>13.00</b>	<b>Under 13 Boys</b>	
520	Harvey	Evans	Mansfield Harriers & AC	808	Jasper	Sangster	Amber Valley and Erewash AC
521	Denny	Thurgood	Mansfield Harriers & AC	809	Oliver	Ball	Buxton AC
522	Jack	Whysall	Mansfield Harriers & AC	810	Jacob	Campbell	Chesterfield & District AC
523	Rory	Adwick	Newark AC	811	Lucas	Melen	Chesterfield & District AC
524	Edward	Greenhow	Newark AC	812	Oscar	Siderius	Chesterfield & District AC
525	Joseph	Kirby	Newark AC	813	Joseph	Bond	Chesterfield & District AC
526	Jonah	Beeching	Notts AC	814	Felix	Cheesman	Derby AC
527	Ethan	Daykin	Notts AC	815	William	Saunders	Derby AC
528	Jack	Skey	Notts AC	816	Jenson	Woolley	Derby AC
529	Ollie	Starbuck	Notts AC	817	Finley	Kowalski	Derby AC
530	Sam	Smith	Retford AC	818	Laurie	Swain-Fossey	High Peak AC
531	Finlay	Gray	Rushcliffe AC	819	Jacob	Hargreaves	Unattached
532	Benjamin	Kelsall	Rushcliffe AC	820	Fred	Havercroft	Unattached
533	Zachary	Treanor	Rushcliffe AC				
534	Arlo	Freeman	Sutton-in-Ashfield Harriers & AC				
535	Ethan	Baxter	Worksop Harriers & AC				
536	Isaac	Beresford	Worksop Harriers & AC				
537	Harry	Robertson	Worksop Harriers & AC				

<b>Race 7</b>	<b>13.20</b>	<b>Under 17 Men</b>		<b>Race 7</b>	<b>13.20</b>	<b>Under 17 Men</b>	
175	Daniel	Adams	Mansfield Harriers & AC	821	Theo	Jones	Burton AC
176	Oliver	Buglass	Mansfield Harriers & AC	822	Lewis	Boyce	Burton AC
177	James	Hickman	Mansfield Harriers & AC	823	Frank	Moss	Burton AC
178	Oliver	McClemens	Mansfield Harriers & AC	824	Ewan	Withnall	Burton AC
179	Jack	Pares	Mansfield Harriers & AC	825	Noah	Wood	Burton AC
180	Charlie	Taylor	Mansfield Harriers & AC	826	Henry	Hemmings	Burton AC
181	Lewis	Biggin	Newark AC	827	Alfie	Branch	Buxton AC
182	William	Brailey	Notts AC	828	Samuel	Watson	Derby AC
183	Daniel	Jones	Notts AC	829	Harry	Tatham	Derby AC
184	William	Reddish	Notts AC	830	Oscar	Blake	Derby AC
185	Adam	Scrimshaw	Notts AC	831	Matty	Miller	High Peak AC
186	William	Evans	Retford AC	832	Leo	Cotterill	Sutton in Ashfield Harriers & AC

187	Samuel	Limmer	Retford AC
188	Harry	Orr	Rotherham Harriers & AC
189	Lewis	Carr	Rushcliffe AC
190	Caleb	Cope	Rushcliffe AC
191	Fraser	McAllister	Rushcliffe AC
192	George	Mousley	Rushcliffe AC
193	Will	Sweeney	Rushcliffe AC
194	Conrad	Thornewill	Rushcliffe AC
195	Samuel	Collins	Wreake & Soar Valley AC

Race 8			13.35	Under 17/ Under 20 Women		Race 8	13.35	Under 17/ Under 20 Women	
				U17W				U17W	
215	Keira	Morley	Mansfield Harriers & AC	833	Madeleine	Turner		Amber Valley and Erewash AC	
216	Emily	Pares	Mansfield Harriers & AC	834	Charlotte	Nettleton		Burton AC	
217	Molly	Caldwell	Notts AC	835	Amelia	Nettleton		Burton AC	
218	Lucia	Caseldine	Notts AC	836	Isabella	Margiotta		City of Stoke AC	
219	Holly	Limmer	Retford AC	837	Sophia	Wheeler		Derby AC	
220	Martha	Hazlehurst	Rotherham Harriers & AC	838	India-rose	Dowey		Derby AC	
221	Anna	Bianchi	Rushcliffe AC	839	Isla	Powell		Derby AC	
222	Sofia	Chesterfield	Rushcliffe AC	840	Emily	Whitehead		Derby AC	
223	Maisie	Merryweather	Rushcliffe AC	841	Poppy	Radbourne		Derby AC	
224	Daisy	Oldridge	Rushcliffe AC	842	Poppy	Branch		Stockport Harriers & AC	
224	Miley	Townrow	Worksop Harriers & AC	843	Charlotte	Chapman		Unattached	
			<b>U20W</b>					<b>U20W</b>	
390	Grace	Manson *	Mansfield Harriers & AC	844	Connie	Lees		Burton AC	
391	Amy	Newbould	Mansfield Harriers & AC	845	Constance	Jenneson		Buxton AC	
392	Jasmine	Braithwaite	Newark AC	846	Rebecca	Cudahy		Buxton AC	
393	Megan	Sayers	Notts AC	847	Isobel	Shipley		Derby AC	
394	Megan	Sayers	Notts AC	848	Iris	Clarke		Derby AC	
395	Francesca	Sedgewick *	Retford AC	849	Isla	Love		Derby AC	
				850	Emma	Johnson*		Macclesfield Harriers & AC	
				851	Katrina	Prior*		Mansfield Harriers & AC	
				852	Katie	Leese		Mansfield Harriers & AC	

\*Would not eligible for U20 team at CAU inter-counties

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Race 9			14.00	Under 15 Girls		Race 9	14.00	Under 15 Girls	
570	Lucy	Beardsmore	Mansfield Harriers & AC	853	Lucy	Norman		Amber Valley and Erewash AC	
571	Evie	Clifton	Mansfield Harriers & AC	854	Isla	Douglas		Amber Valley and Erewash AC	
572	Maisie	Lowe	Mansfield Harriers & AC	855	Evie	Willis		Buxton AC	
573	Isla	Millns	Mansfield Harriers & AC	856	Evelyn	Throssel		Buxton AC	
574	Myanie	Westwood	Mansfield Harriers & AC	857	Katherine	Bennett		Buxton AC	
575	Charley	Whysall	Mansfield Harriers & AC	858	Kitty	Harrison		Buxton AC	
576	Lucy	Sanderson	Notts AC	859	Honora	Widdowson		Chesterfield & District AC	
577	Sofia	Weston	Notts AC	860	Dayna	Kayes		Derby AC	
578	Sadie	Drage	Rushcliffe AC	861	Amelie	Wheeler		Derby AC	
579	Elise	Hare	Rushcliffe AC	862	Olivia	Lee		Derby AC	
580	Sarika	Hare	Rushcliffe AC	863	Imogen	Satherley		Derby AC	
581	Lyla	Morrow	Rushcliffe AC	864	Alice	Lincoln		Derby AC	
582	Nevie	Shillitto	Sutton-in-Ashfield Harriers & AC	865	Jessica	Whitehead		Derby AC	
583	Holly	Bulmer	Worksop Harriers & AC	866	Rosaria	Boyer		Derby AC	
584	Heidi	Marks	Worksop Harriers & AC	867	Elspeth	Buchanan		Hallamshire Harriers Sheffield	
585	Anna	Kemp	Wreake & Soar Valley AC	868	Sylvie	Long		Hallamshire Harriers Sheffield	
586	Maisie	Mullett	Wreake & Soar Valley AC	869	Hannah	Chapman		Hallamshire Harriers Sheffield	
				870	Jessica	Dilks		High Peak AC	

	Race 10	14.10	Under 15 Boys		Race 10	14.10	Under 15 Boys	
228	Joseph	Stimson	Amber Valley and Erewash AC		871	Jacob	Dutton	Burton AC
229	William	Norman	Charnwood AC		872	Daniel	Margiotta	City of Stoke AC
230	Edward	Macintyre	Mansfield Harriers & AC		873	Seth	Burton	Derby AC
231	Oliwier	Macutkiewicz	Mansfield Harriers & AC		874	Benjamin	Lynch	Derby AC
232	William	McClemens	Mansfield Harriers & AC		875	Frederick	Harrison	Derby AC
233	Mihnea	Radu	Mansfield Harriers & AC		876	Isaac	Jones	Derby AC
234	Harry	Tonks	Mansfield Harriers & AC		877	Toby	Newboult	Derby AC
235	Reuben	Shivas El-Sherbiny	Newark AC		878	Osniel	Segal	Derby AC
236	Ziyad	Badawy	Notts AC		879	Tom	Pope	Derby AC
237	Joshua	Groves	Notts AC		880	Gil	Swain-Fossey	High Peak AC
238	Sayers	Harry	Notts AC		881	Max	Gallie	Notts AC
239	Harry	Evans	Retford AC					
240	Oliver	French	Rushcliffe AC					
241	Henry	Oldridge	Rushcliffe AC					
242	Adam	Paget	Rushcliffe AC					
243	Leo	Sweeney	Rushcliffe AC					
244	Zach	Ward	Rushcliffe AC					
245	Henry	Marks	Worksop Harriers & AC					
246	Oscar	Wallace	Worksop Harriers & AC					
247	Jenson	White	Worksop Harriers & AC					
248	Dylan	Gray	Wreake & Soar Valley AC					