

**Derbyshire Athletics and  
Nottinghamshire A.A.A.  
Cross Country Championships 2026  
Permit Numbers CC25/1781  
Under UKA rules**



**Bulwell Hall Park  
Nottingham NG6 8LF  
Saturday 3<sup>rd</sup> January 2026**

## **Championship welcome**

*On behalf of Derbyshire Athletics welcome to the 27th shared Cross Country Championships with Nottinghamshire AAA at Bulwell Hall Park, Nottingham. I would like to extend a warm welcome to all the athletes of all ages competing today. It is wonderful to see athletes competing in all age categories including the 75+ vets for both men and women. I'm sure the racing will be competitive and entertaining. Not only are Championship medals up for grabs but also team places for the Inter County CAU Championships in March. Athletes are to look out for their selection letters at the end of their race. Thank you to the people who work tirelessly behind the scenes – designing and building the courses, accepting the online entries over several weeks, the organisation and preparation for the Championships over several months and the roles of the Technical Officials and volunteers throughout a long and challenging day. Good luck to everyone taking part in whatever capacity today.*

*Keith Tolley*

Chair Derbyshire Athletics

*On behalf of the Nottinghamshire Amateur Athletics Association I would like to bid you all a very warm welcome to Bulwell Park and the County Cross Country Championships of 2026.*

*Cross country running has a rich heritage going back many decades that has been graced by athletes at grass root level to those of international status and provides the opportunity to test yourself against the elements and challenges that cross country has to offer. May I wish you all the very best in your endeavours today and throughout the forthcoming year.*

*Thank you to all of the officials and marshals who have given up their valuable time to make today a success, Bulwell Park for the use of their facilities with special thanks to Mick Robinson for providing a Championship course and thank you to the medical team for keeping us safe.*

*Last but not least "Thanks You" for supporting athletics, have a great day and good luck to each and every one of you.*

*Pat Carlan*

President: Notts AAAs

*A special thank you to Derby Runner for once again sponsoring the numbers for our races*

*[www.derbyrunner.co.uk](http://www.derbyrunner.co.uk)*

*And to Newark Community First Aid for First aid cover.*

**Track and Field Championships 2026**

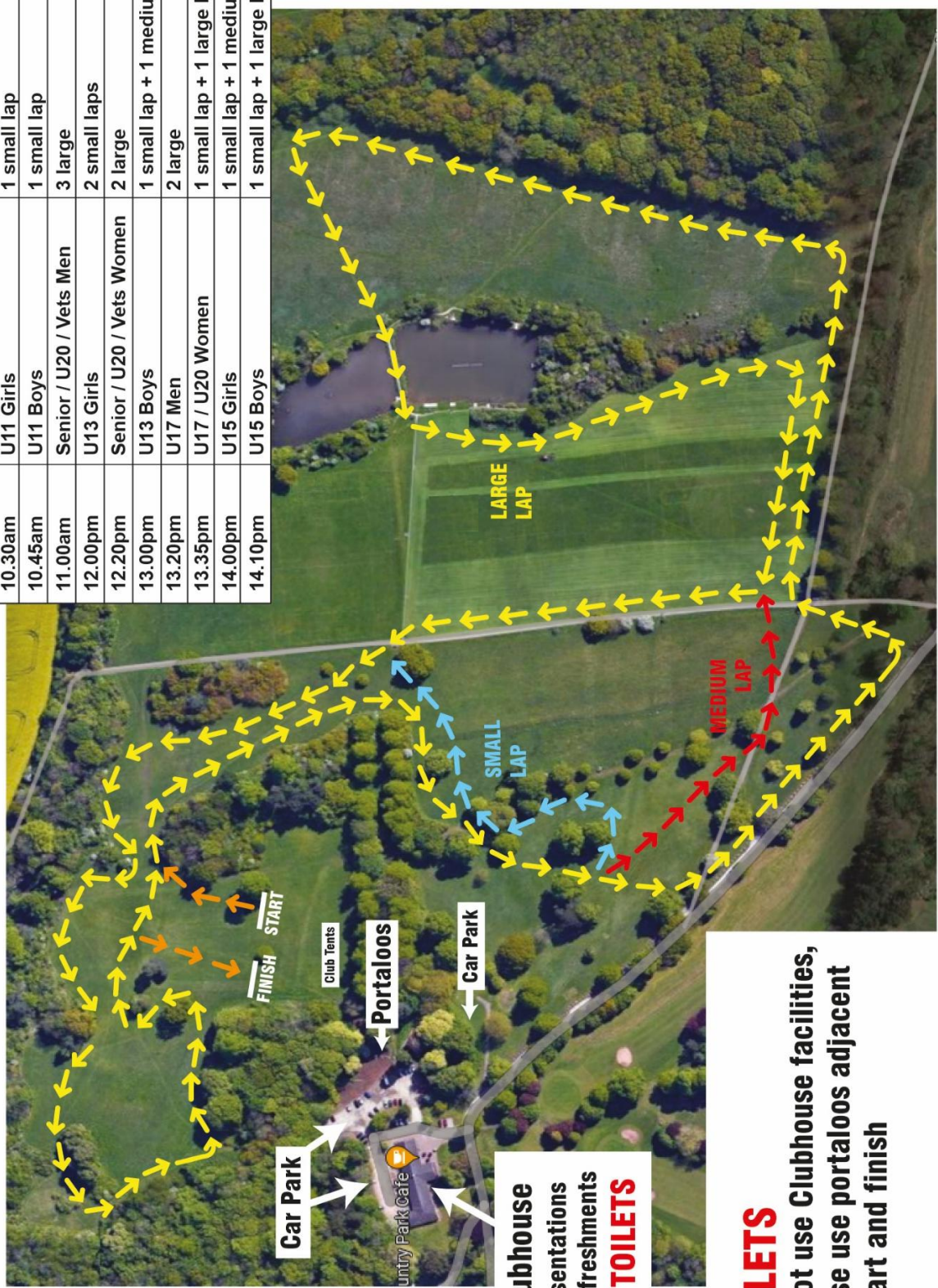
**Moorways Derby**

**9<sup>th</sup> and 10<sup>th</sup> May 2026**

**Save the dates**

# 2026 Notts AAA Cross Country Championships 03/01/26

Bulwell Hall Park, Nottingham			03/01/26
10.30am	U11 Girls		1 small lap
10.45am	U11 Boys		1 small lap
11.00am	Senior / U20 / Vets Men		3 large
12.00pm	U13 Girls		2 small laps
12.20pm	Senior / U20 / Vets Women		2 large
13.00pm	U13 Boys		1 small lap + 1 medium lap
13.20pm	U17 Men		2 large
13.35pm	U17 / U20 Women		1 small lap + 1 large lap
14.00pm	U15 Girls		1 small lap + 1 medium lap
14.10pm	U15 Boys		1 small lap + 1 large lap



**TOILETS**  
Do not use Clubhouse facilities,  
please use portaloos adjacent  
to start and finish

Please note U20 Women are competing in Race at 13.35 along with U17 Women not in Senior Women's race

## Information and Championship Rules

**Car Parking** - The entrance into the park is a single track and will be managed by marshals. At peak times delays will be inevitable, allow extra time. Please be patient, remember everyone involved is a volunteer. The parking area will be at the top of the drive on the grass, to the right as previous. Please drive slowly and avoid wheel spin.

**Toilets** - are portaloos on the car park between the clubhouse and the start.

**ATHLETES MUST NOT USE THE CLUBHOUSE TOILETS.** If entering the club house to purchase food or drinks please remove any spiked or muddy shoes. **Any damage will cost the counties money in restoration.**

**No litter** - please take all litter home with you including kit, food, wrappers, bottles etc.

Please respect all other Park users, they have the right to be there and the future use of this park depends on our conduct.

**Registration-** Club age group Team Managers/Representatives please collect race numbers from Registration desk at least 60mins prior to the race start time. Numbers may not be given out to individual runners. Please note there will be no safety pins available at registration - Please ensure you bring your own.

**Results-** These will be posted near the registration / Presentation area as and when they are available. Presentations will be made ASAP after each race; timing will depend on processing of the results. Please listen out for announcements.

### **Competition Rules**

- Runners can wear only Club/School, County, Area, National or, international vests. Unattached runners may wear any vest. If for any reason you need to wear any other vest, athletes **MUST** seek permission from the Race Referee. Only First claim club vests to score in the team competition.
- Nottinghamshire athletes will wear white numbers from 1 -599 and wear their numbers on their fronts only.
- Derbyshire athletes will wear yellow numbers from 601-900 and will wear their numbers on the front and back.
- Any athlete NOT wearing a number will NOT be allowed to run
- Race numbers must be worn as issued and not to be turned over or altered in any way
- **Anyone wearing headphones or using a mobile phone during the race WILL BE DISQUALIFIED**

### **Team Scoring and Awards**

In the event of a tie in team score points, the team whose last scoring member finishes nearest first place shall determine the result. All athletes must be from the same county for each team.

**Derbys Teams.** Awards first 3 teams in each age group (3 to score except Senior/Masters Women [4 to score irrespective of age group], Masters Men [4 to score irrespective of age group] and Senior Men [5 to score])

### **Notts Teams**

Under 17/20 women will be a combined team competition using any combination of runners (3 to score).

Senior Men which will be 6 to score, Masters Men 4 to score, all others 3 to score. There is **NO** Under 20 Men's team competition. Under 20 and Masters Men may score in a Senior Men's team.

Teams will be scored using the first required number of athletes 6/4/3 to finish. B teams etc would score the next 6/4/3 whatever number required for that age group.

Masters Men and Masters Women who wish to score as separate Masters teams **MUST** be declared otherwise they will be included in the senior team. Please declare your teams at the registration desk on the day.



## **UK CAU Cross Country Championships**

Successful athletes will receive an invitation as they finish the race to represent their respective county at the UK CAU Championships at Wollaton Park, Nottingham on Saturday 7th March 2026. There will be races for ALL age groups, except U11s and Masters at the CAU Champs.

**Derbyshire** teams will be selected only on performances in these Championships. Please note, 'If a Masters athlete finishes in a qualifying position in the joint Senior/Masters race they will be invited to represent Derbyshire as a Senior'.

Some Under 20 athletes may be too old for their Inter-County race (IAAF age groups are used) - the age group is U20 at midnight on 31st Dec 2025. However these athletes can be considered for the Senior team. For the affected athletes as U20M will run in the same race as senior men position in this race will determine eligibility for the Senior team. As U20W will not be running in the same race as senior women any affected athletes who want to be considered for the senior team should request a switch to the Senior Women's race.

### **CAU Entry Details**

Each County/District is invited to enter up to 12 athletes per event with 8 to run and 4 only to score for team awards, with the exception of the Senior Men and Senior Women's races, which shall be 15 to enter, with 9 to run and 6 to score for the team.

**PLEASE NOTE : If an Athlete competes in an England County, Scottish District, Welsh Region or Northern Ireland XC Championships, in the year of competition, then they are only eligible to represent that County, District, Region or Northern Ireland in the Inter-Counties.**

**Age Groups:** For Entries to the CAU:

These are as defined by U.K.Athletics:

Boys and Girls under 13 years as at Midnight 31<sup>st</sup> August/1<sup>st</sup> September 2025

Boys and Girls under 15 years as at Midnight 31<sup>st</sup> August/1<sup>st</sup> September 2025

Men and Women under 17 years as at Midnight 31<sup>st</sup> August/1<sup>st</sup> September 2025

Men and Women under 20 years as at Midnight 31<sup>st</sup> December 2026

Senior Men and Women over 20 years as at Midnight 31<sup>st</sup> December 2026

### **UKA Anti-Doping Rules:**

An entrant shall be deemed to have made him/herself/their self, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the licence holder is a citizen of, or resident in, the UK.

## Officials

Meeting Manager	Paul Smith	
Referee	Ange Roe	
Assistant Referee	Gareth Bagguley	
Starter	Steve Roe	
Start Area Co-ordinator	Rob Fox	
Finish Area Co-ordinator	Jane Pidgeon	
Line Judge	Gwen Hines	John Knight
Judge/Recorders	Kate Else	Wendy Kane
	Fred Pidgeon	Hilary Burton
Time Keepers	Jeremy Reichelt	Mike Heffernan
Time Keeper Recorders	Robert Orgill	Lynne Pope
Funnel Manager	Sue Heffernan	
Results Runner	Tony McGraw	
Results	Sheila O'Keefe	David O'Keefe
Registration	Christine Knight	
Safeguarding Lead	Ange Roe	
Clerk of Course	Mick Robinson	Notts AC
CAU Invitations	Sarah McGraw	Nikki Gibson Tom Hughes
Presentation	Pat Carlan	

## Timetable

10:30 U11 Girls - 1 Small Lap

10:45 U11 Boys - 1 Small Lap

11:00 U20/ Senior/ Master Men - 3 Large Laps

12:00 U13 Girls - 2 small Laps

12.20 Senior / Master Women - 2 Large laps

13.00 U13 Boys - 1 Small Lap & 1 Medium Lap

13.20 U17 Men - 2 Large Laps

13.35 U17 /20 Women - 1 Small Lap & 1 Large Lap

14:00 U15 Girls - 1 Small Lap & 1 Medium Lap

14:10 U15 Boys - 1 Small Lap & 1 Large Lap

Nottinghamshire				Derbyshire			
Race 1		10.30	Under 11 Girls	Race 1		10.30	Under 11 Girls
540	April	Malone	Amber Valley and Erewash AC	601	Esme	Wainwright	Amber Valley and Erewash AC
541	Florence	Sibley	Amber Valley and Erewash AC	602	Florence	Sibley	Amber Valley and Erewash AC
542	Jessica	Wright	Amber Valley and Erewash AC	603	Edith	Martin	Chesterfield & District AC
543	Everly	Chijioke	Mansfield Harriers & AC	604	Lily	Rogers	Chesterfield & District AC
544	Junia	Freeman	Mansfield Harriers & AC	605	Lilika	Yokoyama-Nichols	Matlock AC
545	Emily	Horsnall	Mansfield Harriers & AC				
546	Isla	Huntington	Mansfield Harriers & AC				
547	Lucy	Pate	Mansfield Harriers & AC				
548	Quinn	Sprengel-Potter	Notts AC				
549	Madison	Ball	Retford AC				
550	Marcelle	Jackson	Rushcliffe AC				
551	Bethany	Hands	Worksop Harriers & AC				
552	Libby	Mould	Worksop Harriers & AC				
553	Lauren	Townrow	Worksop Harriers & AC				
554	Beatrice	Gray	Abbey Road School				
Race 2		10.45	Under 11 Boys	Race 2		10.45	Under 11 Boys
324	Benjamin	McLaren	Amber Valley and Erewash AC	606	George	Whittleton	Amber Valley and Erewash AC
325	Leo	Adams	Mansfield Harriers & AC	607	Charlie	Groves	Amber Valley and Erewash AC
326	Logan	Payne	Mansfield Harriers & AC	608	Harry	Lees	Derby AC
327	Ronnie	Skevington	Mansfield Harriers & AC	609	William	Hodgson	Derby AC
328	Alex	Woods	Mansfield Harriers & AC	610	Henry	Colbourne	Derby AC
329	Liam	Boby	Newark AC	611	Arthur	Toogood	Derby AC
330	Oscar	Madeley	Newark AC	612	Ronnie	Wood	Matlock AC
331	Dylan	O'Brien	Newark AC	613	Fraser	Robertson	Matlock AC
332	Freddie	O'Donnell	Newark AC	614	Max	Gill	Matlock AC
333	Simeon	Beeching	Notts AC	615	Henry	Birkett	Matlock AC
334	Thomas	Dell	Notts AC	616	Oliver	Gallie	Notts AC
335	Ned	Fearnshaw	Notts AC	617	Theo	Van Dijk	Run 4 U and Perform RC
336	Jacob	Hawkes	Notts AC	618	Joseph	Dutton	Run 4 U and Perform RC
337	Trevontae	Seamer	Notts AC	619	Zachary	Griffiths	Run 4 U and Perform RC
338	Caleb	Wilkins	Notts AC	620	Amos	Huck	Unattached
339	Luke	Winstanley	Notts AC				
340	Jack	Smith	Retford AC				
341	Rafe	Gaunt	Rushcliffe AC				
342	Oliver	Johnson	Rushcliffe AC				
343	Oakley	Allsop	Worksop Harriers & AC				
344	Hugo	McCarthy	Worksop Harriers & AC				
345	George	North	Worksop Harriers & AC				
346	Freddie	North	Worksop Harriers & AC				
347	Liam	Cheng	Kinoulton Primary School				
Race 3		11.00	Under 20 /Senior / Master Men U20M	Race 3		11.00	Under 20 /Senior / Master Men U20M
201	James	Norman	Charnwood AC	621	William	Wright*	Derby AC
202	Edward	Holden	Mansfield Harriers & AC	622	Daniel	Cope	Derby AC
203	Jacob	Nugent	Mansfield Harriers & AC	623	Joseph	Young*	Derby AC
204	Kole	Perkins *	Mansfield Harriers & AC	624	Thomas	Gilliver	High Peak AC
205	Edward	Sankey	Mansfield Harriers & AC	625	Jack	Maris*	North Derbyshire RC
206	Ewan	Collier	Notts AC	626	Will	Shearstone*	North Derbyshire RC
207	Tom	Dinning	Notts AC				
208	Luke	Hesketh *	Notts AC				
209	Josh	Smith	Notts AC				

**\*Would not eligible for U20 team at CAU inter-counties**

			<b>Sen M</b>
301	Jon-Philip	Seymour	Holme Pierrepont RC
302	Andy	Aiston	Ilkeston RC
303	Joe	Timson	Kimberley & District Striders
304	Jordan	Boam	Mansfield Harriers & AC
305	Ben	Burnham	Mansfield Harriers & AC
306	Alex	Hampson	Mansfield Harriers & AC
307	George	Kowalski	Mansfield Harriers & AC
308	Dan	Dunnington	Newark AC
309	Emanuele	Cammarata	Notts AC
310	Jack	Holland	Notts AC
311	Oliver	Hunt	Notts AC
312	Ben	Norris	Notts AC
313	Cameron	Smith	Notts AC
314	George	Tipping	Notts AC
315	William	Trease	Notts AC
316	Craig	Wescott	Notts AC
317	Matt	Williams	Notts AC
318	Lewis	Tarnai-Wilson	Sutton-in-Ashfield Harriers & AC
319	Thomas	Welham	Sutton-in-Ashfield Harriers & AC

**35-44M**

400	Andrew	Mitchell	Beeston AC
401	Andrew	Scott	Beeston AC
402	David	Thomas	Beeston AC
403	Andrew	Warburton	Herne Hill Harriers
404	Joseph	Gunn	Holme Pierrepont RC
405	Chris	Kilburn	Holme Pierrepont RC
406	James	Kirkwood	Holme Pierrepont RC
407	Andrew	Soley	Holme Pierrepont RC
409	Micheal	Perry	Kimberley & District Striders
410	Ryan	Stocks	Kimberley & District Striders
411	Drew	Hurst	Mansfield Harriers & AC
412	Dan	Trainor	Mansfield Harriers & AC
413	Liam	Watson	Mansfield Harriers & AC
414	Daniel	Wheat	Mansfield Harriers & AC
415	Paul	Wright	Mansfield Harriers & AC
416	Timothy	Bagguley	Newark AC
417	Thomas	Marshall	Newark AC
418	Alex	O'Donnell	Newark AC
419	Amdebrhan	Berhe	Notts AC
420	Rezene	Hayle	Notts AC
421	John	Muddeman	Notts AC
422	Mark	Garratt	Redhill Road Runners
423	Martin	Lee	Redhill Road Runners
424	Adam	Leighton	Redhill Road Runners
425	James	McDonnell	Redhill Road Runners

**\*Would not eligible for U20 team at CAU inter-counties**

			<b>Sen M</b>
627	Finley	Pidcock	Burton AC
628	Lucas	Parker	Buxton AC
629	Leo	Parker	Buxton AC
630	Samuel	Soles	Buxton AC
631	Ewan	Spencer	Cambridge & Coleridge AC
632	David	Bishop	Derby AC
633	Charlie	Haste	Derby AC
634	Daniel	Haymes	Derby AC
635	Patrick	Welsh	Derby AC
636	Joseph	Booth	Derby AC
637	Joe	Ashdown	Derby Triathlon Club
638	Jonah	Patton	Hallamshire Harriers Sheffield
639	Finlay	Grant	Hallamshire Harriers Sheffield
640	Joshua	Hazeldine	Ilkeston RC
641	Jack	Broughton	Ilkeston RC
642	Sam	Waddingham	Ilkeston RC
643	Dominic	Jeffrey	Ilkeston RC
644	Ben	Hurdis	Ilkeston RC
645	Josh	Cocking	Ilkeston RC
646	William	Tighe	Leeds City AC
647	Joshua	Mitchell	Mansfield Harriers & AC
648	Ben	Meakin	Matlock AC
649	David	Robertson	Matlock AC
650	Joshua	Wragg	Rotherham Harriers and AC
651	Sam	Gilson	Rotherham Harriers and AC
652	Alex	Ediker	Salford Harriers & AC
653	Patrick	Magner	Unattached

**35-44M**

654	Nathan	Brickman	Belper Harriers
655	William	Throssel	Buxton AC
656	Callum	Dsouza	Buxton AC
657	Ben	Light	Buxton AC
658	Ian	Stevens	Derby AC
659	Dale	Annable	Heanor RC
660	Ryan	Ball	Ilkeston RC
661	Alex	Duthie	Ilkeston RC
662	David	Jones	Ilkeston RC
663	Lewis	Whiting	Ilkeston RC
664	David	Feely	Ilkeston RC
665	Christopher	Patterson	Mansfield Harriers & AC
666	Jose Rodolfo	Rivas Gutierrez	Matlock AC
667	Daniel	Haworth	Matlock AC
668	Colin	Davenport	Matlock AC
669	Roy	Austin	Matlock AC
670	Matt	Jackson	North Derbyshire RC
671	Bryce	Ward	North Derbyshire RC
672	Tom	Topham	North Derbyshire RC
673	Luke	Beresford	Ripley RC
674	Matt	Nicholls	Ripley RC
675	Ryan	Blake	Team Derby Runner



426	Andrew	O'Reilly	Redhill Road Runners
427	Leigh	Stubbs	Redhill Road Runners
428	Bryan	Cherry	Worksop Harriers & AC
429	Nick	Mould	Worksop Harriers & AC
430	Thomas	Shaw	Worksop Harriers & AC
431	Adam	Turner	Worksop Harriers & AC

#### 45-54M

433	Dave	Bish	Beeston AC
434	John	Evans	Beeston AC
435	Ian	Hunter	Beeston AC
436	Niki	Russell	Beeston AC
437	Alex	Ferrari	Holme Pierrepont RC
438	Matthew	Grainge	Holme Pierrepont RC
439	Nick	Pidgeon	Holme Pierrepont RC
440	William	Taylor	Holme Pierrepont RC
441	Steve	Tupholme	Holme Pierrepont RC
442	Scott	Marshall	Ilkeston RC
443	Daniel	Bailey	Kimberley & District Striders
444	Darlington	Magalela	Long Eaton RC
445	Jan	Bailey	Mansfield Harriers & AC
446	David	Cass	Mansfield Harriers & AC
447	Jamie	Macintyre	Mansfield Harriers & AC
448	Ben	McClemens	Mansfield Harriers & AC
449	Tom	Newbould	Mansfield Harriers & AC
450	Dan	Nugent	Mansfield Harriers & AC
451	Andy	Walker	Mansfield Harriers & AC
452	Paul	Chaplin	Notts AC
453	Steve	Long	Notts AC
454	Allan	Wilson	Notts AC
455	Paul	Davies	Redhill Road Runners
456	Mark	Davis	Redhill Road Runners
457	Simon	Holmes	Redhill Road Runners
458	Lindsay	Robinson	Redhill Road Runners
459	Wayne	Stott	Redhill Road Runners
460	Simon	Foster	Retford AC
461	Stephen	Dickens	Rushcliffe AC
462	Neil	Allsop	Worksop Harriers & AC
463	David	Bulmer	Worksop Harriers & AC

#### 55-64M

465	John	Hunt	Beeston AC
466	Andrew	Taplin	Beeston AC
467	Kenny	Wilson	Beeston AC
468	Mark	Dempsey	Holme Pierrepont RC
469	Robert	Hand	Holme Pierrepont RC
470	Richard	Holt	Holme Pierrepont RC
471	Adrian	Low	Holme Pierrepont RC
472	Peter	Edmonds	Long Eaton RC
473	Geoff	Cooper	Matlock AC
474	Robert	Baylies	Redhill Road Runners
475	Owen	Jones	Redhill Road Runners
476	Tony	Lowe	Redhill Road Runners
477	Peter	McNally	Redhill Road Runners
478	Simon	Nash	Redhill Road Runners
479	Paul	Newton	Redhill Road Runners
480	Tim	Raynor	Redhill Road Runners

#### 45-54M

676	Patrick	Wright	Bakewell AC
677	Chris	Jordan	Belper Harriers
678	Chris	Greenwood	Buxton AC
679	Mark	Shorter	Buxton AC
680	Robert	White	Buxton AC
681	Lewis	Banton	Clowne Road Runners Club
682	Jerome	Jones	Derby Triathlon Club
683	Paul	Whittleton	Ilkeston RC
684	Kevin	Pounder	Ilkeston RC
685	David	Millington	Ilkeston RC
686	John	McCurdy	Ilkeston RC
687	Gordon A	Smith	Ivanhoe Runners
688	Daniel	Hawley	Long Eaton RC
689	Gary	Newham	Long Eaton RC
690	Andrew	Basey	North Derbyshire RC
691	Steven	Gascoyne	North Derbyshire RC
692	Richard	Tissington	Shelton Striders
693	Jason	Ball	Sinfin RC
694	Craig	Pepper	Team Derby Runner
695	Mark	Ison	Team Derby Runner
696	Philip	Stevenson	Unattached

#### 55-64M

697	David	Horton	Belper Harriers
698	Paul	Markall	Buxton AC
699	Paul	Durkin	Buxton AC
700	John	Cannon	Cannon Events RC
701	Owen	Barron	Derby Triathlon Club
702	Julian	Bloor	Ilkeston RC
703	Paul	Robinson	Ilkeston RC
704	Roy	Woods	Ilkeston RC
705	Tony	Donaldson	Ilkeston RC
706	Andrew	Dickenson	Long Eaton RC
707	Steve	Lomas	Macclesfield Harriers & AC
708	Rob	Curtis	Matlock AC
709	Ian	Pitkin	Matlock AC
710	Andy	Tarry	North Derbyshire RC
711	Garry	Elkington	North Derbyshire RC
712	Neil	Shipley	Rolls Royce Harriers

481	Steve	Charlesworth	Retford AC	713	Tim	Norman	Run 4 U and Perform RC
482	Paul	Hendrick	Rushcliffe AC	714	Karl	Petch	Shelton Striders
483	Graham	Moffatt	Rushcliffe AC	715	Tim	Bentley	Shelton Striders
484	Brendan	Devlin	Sinfin RC	716	Duncan	Cowie	Sinfin RC
				717	Brendan	Devlin	Sinfin RC

#### 65-74M

487	Peter	Orme	Heanor RC	718	Clive	Toplass	Derby AC
488	Nick	Tennant	Kimberley & District Striders	719	Mick	Moorhouse	Matlock AC
489	alan	maplethorpe	Long Eaton RC	720	Tony	Barrable	Matlock AC
490	Richard	Wilkinson	Long Eaton RC	721	David	Hicken	North Derbyshire RC
491	Stephen	Davies	Mansfield Harriers & AC	722	Christopher	Morrison	Sinfin RC
492	Andrew	Wetherill	Mansfield Harriers & AC	723	Bob	Foreman	Unattached
493	David	Oxland	Notts AC				
494	Mark	Salter	Redhill Road Runners				
495	Nicholas	Luke	Sutton-in-Ashfield Harriers & AC				
496	Paul	Needham	Long Eaton RC				

#### 75+M

498	Michael	Read	Beeston AC	724	Les	Thurston	Matlock AC
499	Michael	Horn	Redhill Road Runners	725	Peter	Collinge	Ripley RC

#### 75+M

#### Race 4

12.00

#### Under 13 Girls

351	Daisy	Brewster	Mansfield Harriers & AC
352	Scarlett	Brumfitt	Mansfield Harriers & AC
353	Esme	Evans	Mansfield Harriers & AC
354	Martha	Manson	Mansfield Harriers & AC
355	Lauren	Pate	Mansfield Harriers & AC
356	Catherine	Rivis	Mansfield Harriers & AC
357	Evelyn	Wheat	Mansfield Harriers & AC
358	Robin	Overbury	Newark AC
359	Scarlett	Stoddart	Newark AC
360	Lydia	Coultate	Notts AC
361	Alice	Coultate	Notts AC
362	Maisie	Hughes	Notts AC
363	Elsie	Plant	Notts AC
364	Katherine	Foster	Retford AC
365	Madeleine	Mattock	Retford AC
366	Aggie	Gaunt	Rushcliffe AC
367	Rafaella	Jackson	Rushcliffe AC
368	Daniela	Raspin-Fernandez	Rushcliffe AC

#### Race 4

12.00

#### Under 13 Girls

726	Elsie	Whittleton	Amber Valley and Erewash AC
727	Alyssa	Lindsay	Burton AC
728	Penelope	Curzon	Buxton AC
729	Georgia	Cudahy	Buxton AC
730	Francesca	Mayers	Chesterfield & District AC
731	Ellie	Pepper	Derby AC
732	Joyce	Lenton	Derby AC
733	Faith	Harries	Derby AC
734	Freya	Ratcliffe	Derby AC
735	Eva	Turner	Hallamshire Harriers Sheffield
736	Caitlin	Turner-Hart	High Peak AC
737	Holly	Woolley	High Peak AC
738	Lily	Heywood	High Peak AC
739	Georgie	Riley	High Peak AC
740	Bea	Allen	High Peak AC
741	Maddy	Lurati	Matlock AC
742	Neve	Keeling	Unattached

#### Race 5

12.20

#### Senior / Master Women

#### Sen W

501	Martha	Coyle	Beeston AC
502	Sarah	Maston	Mansfield Harriers & AC
503	Hannah	Wragg	Mansfield Harriers & AC
504	Alice	Gibbs	Newark AC
505	Hannah	Jackson	Newark Striders Running Club
506	Hannah	Strange	Newark Striders Running Club
507	Kiri	Marsh	Notts AC
508	Becca	Peach	Notts AC
509	Hannah	Trotman	Notts AC
510	Roisin	McNally	Redhill Road Runners
511	Frankie	Berry	Rushcliffe AC
512	Rebecca	Bull	Sutton-in-Ashfield Harriers & AC
513	Kate	Meeson	Trafford AC

#### Race 5

12.20

#### Senior / Master Women

#### Sen W

743	Amy	Whelan	Buxton AC
744	Rachel	Duckworth	Derby AC
745	Evelyn	Jones	Derby AC
746	Sarah	Bourne	Derby AC
747	Hannah	Coleman	Derby AC
748	Amy	Gauvrit	Heanor RC
749	Jessica	Denman	Ilkeston RC
750	Hollie	Broughton	Ilkeston RC
751	Heather	Howarth	Ilkeston RC
752	Victoria	Appelmann	Ilkeston RC
753	Steffi	Luker Edwards	Leeds City AC
754	Molly	Peel	Mansfield Harriers & AC
755	Sophie	Toyn	Mansfield Harriers & AC

514 Darcie Wasnidge Worksoop Harriers & AC

101 Lucy Grant Beeston AC  
102 Sarah Taylor Beeston AC  
103 Juliet Potter Charnwood AC  
104 Jane Potter Charnwood AC  
105 Victoria Thurston Formula One Circuit Crew  
106 Tara Ricketts Holme Pierrepont RC  
107 Emma Stevenson Holme Pierrepont RC  
108 Kirsty Weedon Holme Pierrepont RC  
109 Claire Noonan Long Eaton RC  
110 Cristina Dinescu Mansfield Harriers & AC  
111 Kirsty Huntington Mansfield Harriers & AC  
112 Rebecca Gallop Newark AC  
113 Philippa Clarke Newark Striders Running Club  
114 Miriam Evans Notts Women Runners  
115 Rebecca Barson Redhill Road Runners  
116 Hilary Foster Redhill Road Runners  
117 Kathryn Hague Redhill Road Runners  
118 Jessica Necchi Redhill Road Runners  
119 Francia Santos Redhill Road Runners  
120 Charlotte Sykes Redhill Road Runners  
121 Natalie Wilson Redhill Road Runners

**45-54W**

125 Debra Fearnshaw Beeston AC  
126 Melanie Hopewell Beeston AC  
127 Lisa Jones Beeston AC  
128 Salome Maybanks Beeston AC  
129 Catherine Millet Formula One Circuit Crew  
130 Sarah Williams Formula One Circuit Crew  
131 Janet Atkinson Holme Pierrepont RC  
132 Joanne Congerton Holme Pierrepont RC  
133 Donna Davenport Holme Pierrepont RC  
134 Nicola Jones Holme Pierrepont RC  
135 Lisa Deacon Kimberley & District Striders  
136 Helen Woods Kimberley & District Striders  
137 Rachel Lee Long Eaton RC  
138 Carolyn Hay Mansfield Harriers & AC  
139 Katherine Malone-Brumfitt Mansfield Harriers & AC  
140 Gillian Newbould Mansfield Harriers & AC  
141 Angela Brown Notts AC  
142 Catherine Charlton Notts AC  
143 Joanne Clamp Notts AC  
144 Rachel Whittaker Notts AC  
145 Diane Stewart Redhill Road Runners  
146 Charlotte Buck Redhill Road Runners  
147 Vivienne Craven Redhill Road Runners  
148 Lisa Doyle Redhill Road Runners  
149 Rachel Drury Redhill Road Runners

756 Alice Cundy Matlock AC  
757 Hannah Barnett North Derbyshire RC  
758 Natalie Harvey North Derbyshire RC  
759 Grace Hill North Derbyshire RC  
760 Amy Shelton Ripley RC  
761 Catherine Williams Sinfin RC  
762 Georgina Illsley Sinfin RC

**35-44W**

763 Sam Village Belgrave Harriers  
764 Michelle Jakeway Ilkeston RC  
765 Adelle Whittleton Ilkeston RC  
766 Kimberley Ravenscroft Long Eaton RC  
767 Sarah Johnstone Long Eaton RC  
768 Lottie Riddle Mansfield Harriers & AC  
769 Rebecca Curtis-Hall Matlock AC  
770 Caroline Robertson Matlock AC  
771 Victoria Cook Matlock AC  
772 Alaina Bond Matlock AC  
773 Lucy Taylor Matlock AC  
774 Lisa Jones Matlock AC  
775 Emma Fitzgerald Matlock AC  
776 Mandy Curtis North Derbyshire RC  
777 Laura Dutton Run 4 U and Perform RC  
778 Angela Griffiths Run 4 U and Perform RC  
779 Caroline Brock Steel City Striders RC

**45-54W**

780 Samantha Willis Buxton AC  
781 Ruth Gowers Buxton AC  
782 Joanne Cudahy Buxton AC  
783 Jayne Lynas Heanor RC  
784 Sonia Hutchby Ilkeston RC  
785 Emma Bennett Ilkeston RC  
786 Yulia Ravenhill Ilkeston RC  
787 Corrina Loosemore Ilkeston RC  
788 Stacey Sangster Long Eaton RC  
789 Nicola Hubbard Mansfield Harriers & AC  
790 Cherry Moger Matlock AC  
791 Ayako Yokoyama-Nichols Matlock AC  
792 Louise Lambert North Derbyshire RC  
793 Alison Butlin Ripley RC  
794 Lisa Skermer Ripley RC  
795 Rachel Felix Ripley RC  
796 Joanne Gilliver Ripley RC  
797 Karolina Kucharek Sinfin RC  
798 Caroline Scott Sinfin RC  
799 Claire Bardsley Start2Jog

150	Sarah	Simpson	Redhill Road Runners
151	Laura	Gapski	Ripley RC
152	Sarah	Gaunt	Rushcliffe AC
153	Sally	Bulmer	Worksop Harriers & AC

#### 55-64W

155	Christine	Bexton	Beeston AC
156	Elaine	Clifford	Beeston AC
157	Bev	Barnes	Kimberley & District Striders
158	Claire	Needham	Long Eaton RC
159	Helen	Stout	Long Eaton RC
160	Sharon	Armitage	Mansfield Harriers & AC
161	Debbie	Bouwer	Newark Striders RC
162	Michelle	Vallance	Notts Women Runners
163	Michelle	Butler	Redhill Road Runners
164	Tracy	Knowles	Redhill Road Runners
165	Cathrine	Mhembere	Worksop Harriers & AC

#### 65-74W

168	Barbara	Stevens	Mansfield Harriers & AC
169	Rosemary	Horn	Redhill Road Runners

#### 55-64W

800	Rachel	Poole-Fenwick	Bakewell AC
801	Heather	Fryer-Winder	Buxton AC
802	Catherine	Hughes	Ilkeston RC
803	Louise	McQuade	Long Eaton RC
804	Nicky	Dick	Matlock AC

#### 65-74W

805	Elizabeth	Evans	Chesterfield & District AC
806	Mary	Norman	Run 4 U and Perform RC

#### 75+W

807	Maddy	Collinge	Mansfield Harriers & AC
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#### Race 6

13.00

#### Under 13 Boys

520	Harvey	Evans	Mansfield Harriers & AC
521	Denny	Thurgood	Mansfield Harriers & AC
522	Jack	Whysall	Mansfield Harriers & AC
523	Rory	Adwick	Newark AC
524	Edward	Greenhow	Newark AC
525	Joseph	Kirby	Newark AC
526	Jonah	Beeching	Notts AC
527	Ethan	Daykin	Notts AC
528	Jack	Skey	Notts AC
529	Ollie	Starbuck	Notts AC
530	Sam	Smith	Retford AC
531	Finlay	Gray	Rushcliffe AC
532	Benjamin	Kelsall	Rushcliffe AC
533	Zachary	Treanor	Rushcliffe AC
534	Arlo	Freeman	Sutton-in-Ashfield Harriers & AC
535	Ethan	Baxter	Worksop Harriers & AC
536	Isaac	Beresford	Worksop Harriers & AC
537	Harry	Robertson	Worksop Harriers & AC

#### Race 7

13.20

#### Under 17 Men

175	Daniel	Adams	Mansfield Harriers & AC
176	Oliver	Buglass	Mansfield Harriers & AC
177	James	Hickman	Mansfield Harriers & AC
178	Oliver	McClemens	Mansfield Harriers & AC
179	Jack	Pares	Mansfield Harriers & AC
180	Charlie	Taylor	Mansfield Harriers & AC
181	Lewis	Biggin	Newark AC
182	William	Brailey	Notts AC
183	Daniel	Jones	Notts AC
184	William	Reddish	Notts AC
185	Adam	Scrimshaw	Notts AC
186	William	Evans	Retford AC

#### Race 6

13.00

#### Under 13 Boys

808	Jasper	Sangster	Amber Valley and Erewash AC
809	Oliver	Ball	Buxton AC
810	Jacob	Campbell	Chesterfield & District AC
811	Lucas	Melen	Chesterfield & District AC
812	Oscar	Siderius	Chesterfield & District AC
813	Joseph	Bond	Chesterfield & District AC
814	Felix	Cheesman	Derby AC
815	William	Saunders	Derby AC
816	Jenson	Woolley	Derby AC
817	Finley	Kowalski	Derby AC
818	Laurie	Swain-Fossey	High Peak AC
819	Jacob	Hargreaves	Unattached
820	Fred	Havercroft	Unattached

#### Race 7

13.20

#### Under 17 Men

821	Theo	Jones	Burton AC
822	Lewis	Boyce	Burton AC
823	Frank	Moss	Burton AC
824	Ewan	Withnall	Burton AC
825	Noah	Wood	Burton AC
826	Henry	Hemmings	Burton AC
827	Alfie	Branch	Buxton AC
828	Samuel	Watson	Derby AC
829	Harry	Tatham	Derby AC
830	Oscar	Blake	Derby AC
831	Matty	Miller	High Peak AC
832	Leo	Cotterill	Sutton in Ashfield Harriers & AC

187	Samuel	Limmer	Retford AC
188	Harry	Orr	Rotherham Harriers & AC
189	Lewis	Carr	Rushcliffe AC
190	Caleb	Cope	Rushcliffe AC
191	Fraser	McAllister	Rushcliffe AC
192	George	Mousley	Rushcliffe AC
193	Will	Sweeney	Rushcliffe AC
194	Conrad	Thornewill	Rushcliffe AC
195	Samuel	Collins	Wreake & Soar Valley AC

<b>Race 8</b>		<b>13.35</b>	<b>Under 17/ Under 20 Women</b>
			<b>U17W</b>
215	Keira	Morley	Mansfield Harriers & AC
216	Emily	Pares	Mansfield Harriers & AC
217	Molly	Caldwell	Notts AC
218	Lucia	Caseldine	Notts AC
219	Holly	Limmer	Retford AC
220	Martha	Hazlehurst	Rotherham Harriers & AC
221	Anna	Bianchi	Rushcliffe AC
222	Sofia	Chesterfield	Rushcliffe AC
223	Maisie	Merryweather	Rushcliffe AC
224	Daisy	Oldridge	Rushcliffe AC
224	Miley	Townrow	Worksop Harriers & AC
			<b>U20W</b>
390	Grace	Manson *	Mansfield Harriers & AC
391	Amy	Newbould	Mansfield Harriers & AC
392	Jasmine	Braithwaite	Newark AC
393	Megan	Sayers	Notts AC
394	Megan	Sayers	Notts AC
395	Francesca	Sedgewick *	Retford AC

**\*Would not eligible for U20 team at CAU inter-counties**

<b>Race 9</b>		<b>14.00</b>	<b>Under 15 Girls</b>
570	Lucy	Beardsmore	Mansfield Harriers & AC
571	Evie	Clifton	Mansfield Harriers & AC
572	Maisie	Lowe	Mansfield Harriers & AC
573	Isla	Millns	Mansfield Harriers & AC
574	Myanie	Westwood	Mansfield Harriers & AC
575	Charley	Whysall	Mansfield Harriers & AC
576	Lucy	Sanderson	Notts AC
577	Sofia	Weston	Notts AC
578	Sadie	Drage	Rushcliffe AC
579	Elise	Hare	Rushcliffe AC
580	Sarika	Hare	Rushcliffe AC
581	Lyla	Morrow	Rushcliffe AC
582	Nevie	Shillitto	Sutton-in-Ashfield Harriers & AC
583	Holly	Bulmer	Worksop Harriers & AC
584	Heidi	Marks	Worksop Harriers & AC
585	Anna	Kemp	Wreake & Soar Valley AC
586	Maisie	Mullett	Wreake & Soar Valley AC

<b>Race 8</b>		<b>13.35</b>	<b>Under 17/ Under 20 Women</b>
			<b>U17W</b>
833	Madeleine	Turner	Amber Valley and Erewash AC
834	Charlotte	Nettleton	Burton AC
835	Amelia	Nettleton	Burton AC
836	Isabella	Margiotta	City of Stoke AC
837	Sophia	Wheeler	Derby AC
838	India-rose	Dowey	Derby AC
839	Isla	Powell	Derby AC
840	Emily	Whitehead	Derby AC
841	Poppy	Radbourne	Derby AC
842	Poppy	Branch	Stockport Harriers & AC
843	Charlotte	Chapman	Unattached
			<b>U20W</b>
844	Connie	Lees	Burton AC
845	Constance	Jenneson	Buxton AC
846	Rebecca	Cudahy	Buxton AC
847	Isobel	Shiple	Derby AC
848	Iris	Clarke	Derby AC
849	Isla	Love	Derby AC
850	Emma	Johnson*	Macclesfield Harriers & AC
851	Katrina	Prior*	Mansfield Harriers & AC
852	Katie	Leese	Mansfield Harriers & AC

**\*Would not eligible for U20 team at CAU inter-counties**

<b>Race 9</b>		<b>14.00</b>	<b>Under 15 Girls</b>
853	Lucy	Norman	Amber Valley and Erewash AC
854	Isla	Douglas	Amber Valley and Erewash AC
855	Evie	Willis	Buxton AC
856	Evelyn	Throssel	Buxton AC
857	Katherine	Bennett	Buxton AC
858	Kitty	Harrison	Buxton AC
859	Honora	Widdowson	Chesterfield & District AC
860	Dayna	Kayes	Derby AC
861	Amelie	Wheeler	Derby AC
862	Olivia	Lee	Derby AC
863	Imogen	Satherley	Derby AC
864	Alice	Lincoln	Derby AC
865	Jessica	Whitehead	Derby AC
866	Rosaria	Boyer	Derby AC
867	Elsbeth	Buchanan	Hallamshire Harriers Sheffield
868	Sylvie	Long	Hallamshire Harriers Sheffield
869	Hannah	Chapman	Hallamshire Harriers Sheffield
870	Jessica	Dilks	High Peak AC

<b>Race 10</b>		<b>14.10</b>	<b>Under 15 Boys</b>
228	Joseph	Stimson	Amber Valley and Erewash AC
229	William	Norman	Charnwood AC
230	Edward	Macintyre	Mansfield Harriers & AC
231	Oliwier	Macutkiewicz	Mansfield Harriers & AC
232	William	McClemens	Mansfield Harriers & AC
233	Mihnea	Radu	Mansfield Harriers & AC
234	Harry	Tonks	Mansfield Harriers & AC
235	Reuben	Shivas	Newark AC
		El-Sherbiny	
236	Ziyad	Badawy	Notts AC
237	Joshua	Groves	Notts AC
238	Sayers	Harry	Notts AC
239	Harry	Evans	Retford AC
240	Oliver	French	Rushcliffe AC
241	Henry	Oldridge	Rushcliffe AC
242	Adam	Paget	Rushcliffe AC
243	Leo	Sweeney	Rushcliffe AC
244	Zach	Ward	Rushcliffe AC
245	Henry	Marks	Worksop Harriers & AC
246	Oscar	Wallace	Worksop Harriers & AC
247	Jenson	White	Worksop Harriers & AC
248	Dylan	Gray	Wreake & Soar Valley AC

<b>Race 10</b>		<b>14.10</b>	<b>Under 15 Boys</b>
871	Jacob	Dutton	Burton AC
872	Daniel	Margiotta	City of Stoke AC
873	Seth	Burton	Derby AC
874	Benjamin	Lynch	Derby AC
875	Frederick	Harrison	Derby AC
876	Isaac	Jones	Derby AC
877	Toby	Newbould	Derby AC
878	Osniel	Segal	Derby AC
879	Tom	Pope	Derby AC
880	Gil	Swain-Fossey	High Peak AC
881	Max	Gallie	Notts AC