

Derbyshire and Nottinghamshire Track and Field County Championships Athletes Information

REGISTRATION TRACK: Athletes for track events **MUST** register in person in the Derby AC Clubhouse (The large brick building behind the track) no later than **1 hour** before their event is timetabled to begin. This must be done for all events and both days. Please retain numbers for use on both days. **Any track athlete who does not register in the club house for each of their events WILL NOT be allowed to compete.** Own starting blocks may be used.

REGISTRATION FIELD: Athletes for field events to report direct to event **30 minutes** before event is due to begin. Private throwing implements to be presented to equipment room for checking at least **1 hour** before event is timetabled to begin. Pole Vaulters must provide own poles as there are no stadium poles.

NUMBERS & VEST: Numbers are to be worn **front and back** (except for jumps, rule T5.7). Please pin number at each corner. **Vest worn MUST be Club or School (as entered) or County, National or other representative vest (Rule T5 S1(4)).** Please note Rule 5.1 regards kit - "In all events, athletes must wear clothing which is clean, and designed and worn so as not to be objectionable. The clothing must be made of a material which is non-transparent even if wet." "Athletes must not wear clothing which could impede the view of the Judges".

AGE GROUPS: U13, U15 and U17 athletes may compete in a maximum of three individual events on one day (Rule T3 S2 (1), (2) & (3)). U20 athletes may compete in a maximum of 5 events in one day (rule T3 S2(4)). Master categories as follows: Ladies 35 to 49, 50 to 59, 60 to 74 and 75+. Men 35-49, 50-59, 60-69 70+ Athletes may only enter one age group in any individual event.

EVENTS: In field events (except high jump and pole vault) U13, U15, U17, U20 will have four trials, (a further 2 trials will be allowed if achieving PB Awards level 8). Senior and masters will have six trials. Progression for pole vault will be in no less than 10cm intervals; progression for high jump will be in no less than 5 cm intervals, this is until 3 athletes remain or at lead official's discretion. There will be no jump off held for vertical jumps in the event of a tie (Rule T26.8). Length of spike is limited to 6mm. The false start rule will apply to all competitors; i.e. no false starts, for any age group over and including u17. Qualification for track finals shall be 1st place and the appropriate number of fastest qualifiers (Rule T20.3). ***Athletes shall be excluded from participating in further events including relays, when they have qualified in heats (including field events) but then do not compete in the final without giving a valid reason to the Referee (Rule T4.4.2).***

RELAYS: All members of relay teams must have the same county qualification (i.e. all Nottinghamshire or all Derbyshire) and wear the same registered club colours (Rule T5.3). Athletes can only compete in relay team for first claim club. Masters Relay events will be one age group only; 35+. **There will be a strict 45 minute only declaration time for pre-entered clubs only; this will be advertised on the timetable.**

PRESENTATION: will be approximately 45 minutes after the event finishes. **If athletes do not collect medals at presentation time they may not always be presented on the podium.** All trophies must be signed for by athlete (parent or guardian if under 18).

HEALTH & SAFETY: No in ear or ear covering electronic devices or mobile phones to be used in competition area. **Failure to comply will lead to disqualification.** **Officials, competing athletes and official photographers** only to be allowed in the competition area. Please **DO NOT** cross the infield.

If you choose to enter more than one event, then the times of these may clash; we will do our best to avoid this but cannot guarantee it. In the event of unforeseen circumstances there will be no refund of entry fee.

Officials to park outside the DERBY AC Clubhouse, Athletes in the signed car parks surrounding area, Please see website for map directions to Rolls Royce, there may be a charge for this. Please allow enough time to ensure you can park and register in time. Blue Badge holders may also park outside clubhouse area. Updates to parking will be posted on website derbyshireathletics.org.uk or www.nottsaaa.org

Photography: Anyone wishing to take photographs during the course of the competition must sign the photography sign-in sheet located in the Derby AC Clubhouse. We ask that you publish **NO** photos on social media without the permission of the parents of all the athletes in the photograph.

Moorways is a dog-free zone; also smoking or vaping is **NOT** permitted anywhere within the premises, which means any smoking must be done outside the gates on the main road. This is a Derby City Council stipulation with the booking and could result in cancellation of event if rules are broken. In Event of Emergency call **07808 678032**, this number is only to be used on the championship weekend.

Anti-Doping

All entrants shall be deemed to have made him/herself familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entry, whether or not the entrant is a citizen of, or resident in, the UK.

**Starting
Heights**

Women	u13g	u15g	u17w	u20w	Sen w	M 35-49w	M 50-59w	M 60-74w	M 75+ w
High Jump	1.05m	1.15m	1.25m	1.25m	1.25m	1.25m	1.25m	1.25m	1.25m
Pole Vault	-	1.50m	1.50m	1.50m	1.50m	-	-	-	-

Men	u13b	u15b	u17m	u20m	Sen m	M 35-49m	M 50-59m	M 60-74m	M 75+ m
High Jump	1.10m	1.20m	1.30m	1.40m	1.50m	1.25m	1.25m	1.25m	1.25m
Pole Vault	-	1.50m	1.75m	2.10m	2.10m	1.50m	1.50m	1.50m	1.50m

**Implement
Weights**

Women	u13g	u15g	u17w	u20w	Sen w	M 35-49w	M 50-59w	M 60-74w	M 75+w
Discus	-	1kg	1kg	1kg	1kg	1kg	1kg	1kg	0.75kg
Hammer	-	3kg	3kg	4kg	4kg	4kg	3kg	3kg	2kg
Javelin	400g	500g	500g	600g	600g	600g	500g	500g	400g
Shot	2.72kg	3kg	3kg	4kg	4kg	4kg	3kg	3kg	2kg

Men	u13b	u15b	u17m	u20m	Sen m	M 35-49m	M 50-59m	M 60-69 m	M 70+ m
Discus	-	1.25kg	1.5kg	1.75kg	2kg	2kg	1.5kg	1kg	1kg
Hammer	-	4kg	5kg	6kg	7.26kg	7.26kg	6kg	5kg	4kg
Javelin	400g	600g	700g	800g	800g	800g	700g	600g	500g
Shot	3kg	4kg	5kg	6kg	7.26kg	7.26kg	6kg	5kg	4kg