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**2007 Nottinghamshire A.A.A Championships 2007**

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**Under 13 Boys**

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**100m****FINAL****CBP 13.5**

W/S

1	300	Daniel Dale	Retford A C	13.9
2	314	Jake Lacey	Sutton Harriers	14.8
3	315	Ross Golledge	Notts A C	15.1
4	323	Joe Johnson	Notts A C	15.4
5	312	Jordan Mitchell	Sutton Harriers	15.7
6	316	Jack Rathbone	Sutton Harriers	16.1
7	317	Matthew Guy	Sutton Harriers	16.4
8	322	Ben Johnson	Notts A C	16.5

**200m****FINAL****CBP 25.9**

W/S

1	300	Daniel Dale	Retford A C	28.8
2	314	Jake Lacey	Sutton Harriers	29.9
3	323	Joe Johnson	Notts A C	30.1
4	311	Thomas Wragg	Mansfield Harriers	30.5
5	307	Jack Eddy	Retford A C	32.1
6	313	Benjamin Collins	Notts A C	32.3
7	322	Ben Johnson	Notts A C	33.1

**800m****FINAL****CBP 2:16.2**

1	323	Joe Johnson	Notts A C	2:33.1
2	314	Jake Lacey	Sutton Harriers	2:35.5
3	325	Jack Cabourn	Mansfield Harriers	2:37.1
4	311	Thomas Wragg	Mansfield Harriers	2:38.3
5	313	Benjamin Collins	Notts A C	2:40.5
6	308	James Mackintosh	Mansfield Harriers	2:44.3
7	322	Ben Johnson	Notts A C	2:48.8
8	319	Jonathan Brown	Mansfield Harriers	2:52.4
9	320	David Wilkinson	Mansfield Harriers	2:55.6
10	316	Jack Rathbone	Sutton Harriers	2:57.2
11	303	Benjamin Abbott	Notts A C	3:04.4

<u>1500m</u>			<u>FINAL</u>	<u>CBP</u>	<u>4:47.4</u>
1	319	Jonathan Brown	Mansfield Harriers		5:11.8
2	311	Thomas Wragg	Mansfield Harriers		5:12.2
3	314	Jake Lacey	Sutton Harriers		6:16.8
4	306	Paddy Clark	Notts A C		6:18.3
5	309	Jordan Boam	Mansfield Harriers		6:57.9
6	303	Benjamin Abbott	Notts A C		7:07.7

<u>75mH</u>			<u>FINAL</u>	<u>CBP</u>	<u>13.4</u>	
1	325	Jack Cabourn	Mansfield Harriers	13.4		=CBP
2	315	Ross Golledge	Notts A C	14.9		
3	323	Joe Johnson	Notts A C	15.1		
4	312	Jordan Mitchell	Sutton Harriers	15.5		
5	322	Ben Johnson	Notts A C	16.8		

W/S

<u>Long Jump</u>			<u>CBP</u>	<u>4.87</u>
1	325	Jack Cabourn	Mansfield Harriers	4.14
2	319	Jonathan Brown	Mansfield Harriers	4.08
3	301	Peter Carrington	Newark A C	4.06
4	300	Daniel Dale	Retford A C	4.05
5	307	Jack Eddy	Retford A C	3.84
6	312	Jordan Mitchell	Sutton Harriers	3.81
7	315	Ross Golledge	Notts A C	3.49
8	320	David Wilkinson	Mansfield Harriers	3.29
9	317	Matthew Guy		2.97

<u>High Jump</u>			<u>CBP</u>	<u>1.42</u>
1	325	Jack Cabourn	Mansfield Harriers	1.33
2	315	Ross Golledge	Notts A C	1.30
3	323	Joe Johnson	Notts A C	1.25
4	321	Alexander MacDonald	Retford A C	1.25
5=	307	Jack Eddy	Retford A C	1.15
5=	322	Ben Johnson	Notts A C	1.15

<u>Shot</u>				<u>CBP</u>	<u>9.01</u>
1	302	Ashley Gilder	Notts A C	7.73	
2	300	Daniel Dale	Retford A C	7.52	
3	317	Matthew Guy	Sutton Harriers	5.37	
4	316	Jack Rathbone	Sutton Harriers	5.20	

<u>Javelin</u>				<u>CBP</u>	<u>33.46</u>
1	300	Daniel Dale	Retford A C	35.35	New CBP
2	310	Thomas Peters	City of Sheffield	33.06	
3	302	Ashley Gilder	Notts A C	28.62	
4	322	Ben Johnson	Notts A C	25.24	
5	313	Benjamin Collins	Notts A C	14.95	
6	305	Kyle McHale	Mansfield Harriers	13.89	

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**Under 15 Boys**

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<u>100m</u>		<u>FINAL</u>	<u>CBP</u>	<u>11.7</u>	
					W/S
1	246	Joe Burnett	Newark A C	12.9	
2	257	Cy Holmes	Mansfield Harriers	13.2	
3	241	Perry Offler	Notts A C	13.3	
4	247	Richard Crossland	Sutton Harriers	13.6	
5	242	Nicholas Lynch	Newark A C	13.6	
6	261	Charles Waterhouse	Amber Valley	14.4	
7	248	Alex Sheppard	Sutton Harriers	14.9	
8	256	William Bennett	Mansfield Harriers	15.5	

<u>200m</u>		<u>FINAL</u>	<u>CBP</u>	<u>23.9</u>	
					W/S
1	262	Tom Lowery	Mansfield Harriers	24.5	
2	246	Joe Burnett	Newark A C	26.1	
3	247	Richard Crossland	Sutton Harriers	26.2	
4	261	Charles Waterhouse	Amber Valley	28.6	
5	259	Lewis Golledge	Notts A C	28.6	
6	242	Nicholas Lynch	Newark A C	28.7	
7	244	Ryan Flint	Sutton Harriers	29.7	
8	248	Alex Sheppard	Sutton Harriers	30.9	

<u>400m</u>	<u>FINAL</u>	<u>CBP</u>	<u>53.8</u>
1	265 Ryan Childs	Mansfield Harriers	55.0
2	262 Tom Lowery	Mansfield Harriers	55.3
3	264 Nick Phillips	Mansfield Harriers	56.8
4	245 Robert Needham	Notts A C	59.6
5	251 Joseph Coleshaw	Notts A C	64.5

<u>800m</u>	<u>FINAL</u>	<u>CBP</u>	<u>2:04.7</u>
1	265 Ryan Childs	Mansfield Harriers	2:06.1
2	250 Tom Collins	Notts A C	2:11.2
3	264 Nick Phillips	Mansfield Harriers	2:13.2
4	255 Mark Thompson	Notts A C	2:19.5
5	245 Robert Needham	Notts A C	2:20.2
6	251 Joseph Coleshaw	Notts A C	2:26.1
7	243 Connor Bailey	Sutton Harriers	2:32.2
8	253 Thomas O'Mara	Mansfield Harriers	2:33.1
9	266 Oliver Carrington	Newark A C	2:35.8
10	258 Richard Perkins	Rushcliffe A C	2:37.6
11	259 Lewis Golledge	Notts A C	2:38.3
12	254 Jack Potter	Sutton Harriers	2:38.8
13	256 William Bennett	Mansfield Harriers	2:40.0

<u>1500m</u>	<u>FINAL</u>	<u>CBP</u>	<u>4:24.0</u>
1	250 Tom Collins	Notts A C	4:35.9
2	255 Mark Thompson	Notts A C	4:44.9
3	249 Henry Partridge	Mansfield Harriers	4:50.7
4	251 Joseph Coleshaw	Notts A C	4:51.1
5	266 Oliver Carrington	Newark A C	5:17.0
6	259 Lewis Golledge	Notts A C	5:48.0

<u>80mH</u>	<u>FINAL</u>	<u>CBP</u>	<u>12.1</u>
			W/S
1	241 Perry Offler	Notts A C	13.5
2	265 Ryan Childs	Mansfield Harriers	13.9
3	267 Connor McHale	Mansfield Harriers	15.7
4	263 Jamie Allen	Mansfield Harriers	17.0

**Long Jump****CBP** **5.89**

1	241 Perry Offler	Notts A C	4.77
2	246 Joe Burnett	Newark A C	4.58
3	245 Robert Needham	Notts A C	4.55
4	242 Nicholas Lynch	Newark A C	4.36
5	258 Richard Perkins	Rushcliffe A C	4.22
6	247 Richard Crossland	Sutton Harriers	4.19
7	261 Charles Waterhouse	Amber Valley	4.11
8	267 Connor McHale	Mansfield Harriers	3.96
9	248 Alex Sheppard	Sutton Harriers	3.60

**High Jump****CBP** **1.76**

1	241 Perry Offler	Notts A C	1.40
2	258 Richard Perkins	Rushcliffe A C	1.30
3	267 Connor McHale	Mansfield Harriers	1.25
4	254 Jack Potter	Sutton Harriers	1.20

**Triple Jump****CBP** **12.67**

1	abandoned / cancelled		
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**Shot****CBP** **13.69**

1	265 Ryan Childs	Mansfield Harriers	9.20
2	243 Connor Bailey	Sutton Harriers	7.78
3	257 Cy Holmes	Mansfield Harriers	6.78
4	244 Ryan Flint	Sutton Harriers	6.63

**Javelin****CBP** **46.02**

1	265 Ryan Childs	Mansfield Harriers	31.88
2	255 Mark Thompson	Notts A C	27.83
3	267 Connor McHale	Mansfield Harriers	21.39

**Discus** **CBP** **41.20**

1 261 Charles Waterhouse Amber Valley 17.12

**Pole Vault** **CBP** **2.65**

1 241 Perry Offler Notts A C 2.70 New CBP

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**Under 17 Men**

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**100m** **FINAL** **CBP** **11.2**

W/S

1	124	Thomas Hackett	Rushcliffe A C	11.8
2	103	Matthew Madden	Notts A C	11.8
3	110	Elijah Skervin	Notts A C	11.9
4	107	Adam Sansom	Mansfield Harriers	12.2
5	120	Ramone Williams	Notts A C	12.3
6	125	Jack Johnson	Notts A C	12.4
7	121	Oliver Fell	Mansfield Harriers	12.4

**200m** **FINAL** **CBP** **22.1**

W/S

1	116	Michael Warner	Notts A C	22.4
2	104	Joshua Moxon	Rushcliffe A C	23.4
3	110	Elijah Skervin	Notts A C	24.2
4	107	Adam Sansom	Mansfield Harriers	24.3
5	125	Jack Johnson	Notts A C	24.3

**400m** **FINAL** **CBP** **50.4**

1	116	Michael Warner	Notts A C	49.6	New CBP
2	104	Joshua Moxon	Rushcliffe A C	52.9	
3	125	Jack Johnson	Notts A C	55.2	
4	121	Oliver Fell	Mansfield Harriers	55.6	
5	107	Adam Sansom	Mansfield Harriers	56.7	
6	123	Luke Mason	Mansfield Harriers	67.3	

<u>800m</u>			<u>FINAL</u>	<u>CBP</u>	<u>1:55.8</u>
1	102	Lewis Bostock	Notts A C		1:59.6
2	118	Sean Perkins	Rushcliffe A C		2:04.1
3	125	Jack Johnson	Notts A C		2:23.9
4	123	Luke Mason	Mansfield Harriers		2:33.1

<u>1500m</u>			<u>FINAL</u>	<u>CBP</u>	<u>4:00.0</u>
1	118	Sean Perkins	Rushcliffe A C		4:25.3
2	109	Blayne Pick	Notts A C		4:40.0
3	111	Andrew Hall	Mansfield Harriers		5:05.9

<u>3000m</u>			<u>FINAL</u>	<u>CBP</u>	<u>8:57.8</u>
1	113	Paul Thompson	Notts A C		9.21.0
2	118	Sean Perkins	Rushcliffe A C		10.12.3

<u>100mH</u>			<u>FINAL</u>	<u>CBP</u>	<u>13.8</u>
1	114	Tom Moakes	Notts A C		14.0
2	115	James Hardy	Mansfield Harriers		14.5
3	119	Matthew Mayor	Rushcliffe A C		14.8

W/S

<u>400mH</u>			<u>FINAL</u>	<u>CBP</u>	<u>55.8</u>
1	103	Matthew Madden	Notts A C		56.7
2	114	Tom Moakes	Notts A C		57.0
3	119	Matthew Mayor	Rushcliffe A C		60.9
4	107	Adam Sansom	Mansfield Harriers		62.0

<u>1500m S/C</u>			<u>FINAL</u>	<u>CBP</u>	<u>4:29.3</u>
1	118	Sean Perkins	Rushcliffe A C		4:58.3

<u>Long Jump</u>				<u>CBP</u>	<u>6.82</u>
1	119	Matthew Mayor	Rushcliffe A C		5.60
2	107	Adam Sansom	Mansfield Harriers		5.42

**High Jump****CBP** **1.96**

1	103	Matthew Madden	Notts A C	1.78
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**Triple Jump****CBP** **13.65**

1	125	Jack Johnson	Notts A C	8.18
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**Shot****CBP** **14.74**

1		abandoned / cancelled		
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**Javelin****CBP** **56.62**

1	106	Luke Peters	City of Sheffield	55.15
2	101	Daniel Gilder	Notts A C	36.78
3	105	Michael Ware	Notts A C	36.61
4	108	Adam Rubery	Mansfield Harriers	33.37
5	117	Peter Smeed	Sutton Harriers	22.23

**Discus****CBP** **43.78**

1	112	Daniel Morris	Retford A C	32.84
2	101	Daniel Gilder	Notts A C	31.08
3	100	James Wathey	Rushcliffe A C	29.77

**Hammer****CBP** **64.16**

1	101	Daniel Gilder	Notts A C	46.45
2	112	Daniel Morris	Retford A C	35.74
3	117	Peter Smeed	Sutton Harriers	25.63



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**Junior Men**

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<b><u>100m</u></b>			<b><u>FINAL</u></b>	<b><u>CBP</u></b>	<b><u>10.8</u></b>	
						W/S
1	480	Samuel Cordin	Mansfield Harriers	11.3		
2	492	James Thorne	Notts A C	11.6		
3	494	Elliott Duckworth	Notts A C	11.8		
4	475	Tom Offler	Notts A C	11.8		
5	493	James Scott	Bingham A C	13.3		

<b><u>200m</u></b>			<b><u>FINAL</u></b>	<b><u>CBP</u></b>	<b><u>21.7</u></b>	
						W/S
1	480	Samuel Cordin	Mansfield Harriers	22.2		
2	492	James Thorne	Notts A C	23.3		
3	475	Tom Offler	Notts A C	23.4		
4	494	Elliott Duckworth	Notts A C	23.7		

<b><u>400m</u></b>			<b><u>FINAL</u></b>	<b><u>CBP</u></b>	<b><u>48.5</u></b>	
1	480	Samuel Cordin	Mansfield Harriers	49.2		

<b><u>800m</u></b>			<b><u>FINAL</u></b>	<b><u>CBP</u></b>	<b><u>1:54.4</u></b>	
1	490	Stuart King	Mansfield Harriers	1:59.1		
2	479	Aidan Reid	Mansfield Harriers	1:59.6		
3	485	Chris McGurk	Notts A C	2:01.0		
4	481	James Mee	Mansfield Harriers	2:02.6		
5	478	Andrew Warburton	Notts A C	2:10.0		

<b><u>1500m</u></b>			<b><u>FINAL</u></b>	<b><u>CBP</u></b>	<b><u>3:55.0</u></b>	
1	479	Aidan Reid	Mansfield Harriers	4:05.2		
2	490	Stuart King	Mansfield Harriers	4:05.9		
3	485	Chris McGurk	Notts A C	4:11.0		
4	481	James Mee	Mansfield Harriers	4:12.5		

	<b><u>110mH</u></b>		<b><u>FINAL</u></b>	<b><u>CBP</u></b>	<b><u>14.6</u></b>	
						W/S
1	475	Tom Offler	Notts A C		16.1	

	<b><u>400mH</u></b>		<b><u>FINAL</u></b>	<b><u>CBP</u></b>	<b><u>54.9</u></b>	
1	475	Tom Offler	Notts A C		59.2	
	<b><u>2000m S/C</u></b>		<b><u>FINAL</u></b>	<b><u>CBP</u></b>	<b><u>6:04.1</u></b>	
1	489	Daniel James	Mansfield Harriers		6:35.7	
2	487	Scott Rischer	Notts A C		6:56.9	

	<b><u>Long Jump</u></b>			<b><u>CBP</u></b>	<b><u>6.90</u></b>	
1	496	Adam Lyons	Notts A C		5.54	
2	497	Stephen Chillingworth	Sutton Harriers		5.47	

	<b><u>High Jump</u></b>			<b><u>CBP</u></b>	<b><u>2.04</u></b>	
1		abandoned / cancelled				

	<b><u>Triple Jump</u></b>			<b><u>CBP</u></b>	<b><u>14.24</u></b>	
1	476	Tom Bell	Mansfield Harriers		12.53	
2	497	Stephen Chillingworth	Sutton Harriers		10.43	

	<b><u>Shot</u></b>			<b><u>CBP</u></b>	<b><u>15.32</u></b>	
1	497	Stephen Chillingworth	Sutton Harriers		9.46	
2	482	Adam Hare	Charnwood A C		8.81	

	<b><u>Javelin</u></b>			<b><u>CBP</u></b>	<b><u>54.81</u></b>	
1	495	Richard Woolley	Mansfield Harriers		54.58	
2	491	Matthew Cotton	Sutton Harriers		40.58	
3	496	Adam Lyons	Notts A C		33.02	

**Discus****CBP 44.68**

1	484	Steven Connolly	City of Sheffield	42.83
2	497	Stephen Chillingworth	Sutton Harriers	29.34

**Hammer****CBP 67.52**

1	486	Chris Shorthouse	Notts A C	59.73
2	482	Adam Hare	Charnwood A C	45.27

**Pole Vault****CBP 4.60**

1	496	Adam Lyons	Notts A C	3.30
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**Senior Men**

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**100m****Heat 1****CBP 10.7**

W/S

1	40	Andrew Turner	Notts A C	10.6	Q	New CBP
2	14	Mike Beaumont	Newark A C	11.2	q	
3	7	Martin Cook	Mansfield Harriers	11.4	q	
4	19	James Douglas	Notts A C	11.6	q	
5	5	Martin White	Mansfield Harriers	11.7	q	
6	10	Kasim Adesanya	Notts A C	11.8	q	
7	30	Jonathan Newell	Mansfield Harriers	12.5		

**100m****Heat 2**

W/S

1	22	Mark Dunwell	Notts A C	11.3	Q	
2	17	Aaron Aplin	Notts A C	11.5	q	
3	43	Dalton Powell	Notts A C	11.9		
4	12	Andrew Staniland	Sale Harriers	11.9		
5	35	Peter Sserunkuma	Notts A C	12.5		
6	32	Matthew Woolley	Mansfield Harriers	13.7		

<u>100m</u>			<u>FINAL</u>	<u>CBP</u>	<u>10.6</u>	
						W/S
1	40	Andrew Turner	Notts A C	10.5		New CBP
2	22	Mark Dunwell	Notts A C	11.1		
3	14	Mike Beaumont	Newark A C	11.3		
4	7	Martin Cook	Mansfield Harriers	11.4		
5	19	James Douglas	Notts A C	11.5		
6	5	Martin White	Mansfield Harriers	11.8		
7	10	Kasim Adesanya	Notts A C	11.9		
8	17	Aaron Aplin	Notts A C	12.4		

<u>200m</u>			<u>FINAL</u>	<u>CBP</u>	<u>21.3</u>	
						W/S
1	17	Aaron Aplin	Notts A C	22.5		
2	43	Dalton Powell	Notts A C	23.1		
3	31	Paul Wright	Mansfield Harriers	23.3		
4	25	Neal Baines	Unattached	23.4		
5	4	Martyn Gibbons	Notts A C	23.4		
6	32	Matthew Woolley	Mansfield Harriers	23.9		
7	10	Kasim Adesanya	Notts A C	24.5		
8	35	Peter Sserunkuma	Notts A C	25.5		

<u>400m</u>			<u>Heat 1</u>	<u>CBP</u>	<u>47.7</u>	
1	7	Martin Cook	Mansfield Harriers	50.7		Q
2	4	Martyn Gibbons	Notts A C	51.0		q
3	42	Trevante Graham	Notts A C	51.9		q
4	25	Neal Baines	Unattached	51.9		q
5	30	Jonathan Newell	Mansfield Harriers	59.1		

<u>400m</u>			<u>Heat 2</u>			
1	41	Robert Barker-Davis	Notts A C	52.8		Q
2	31	Paul Wright	Mansfield Harriers	53.0		q
3	36	Stefan Wilcockson	Mansfield Harriers	53.6		q
4	29	Christopher Bampton	Amber Valley	54.1		q

<u>400m</u>			<u>FINAL</u>	<u>CBP</u> <u>47.7</u>
1	7	Martin Cook	Mansfield Harriers	50.5
2	4	Martyn Gibbons	Notts A C	50.9
3	31	Paul Wright	Mansfield Harriers	51.3
4	25	Neal Baines	Unattached	52.1
5	42	Trevante Graham	Notts A C	53.0
6	36	Stefan Wilcockson	Mansfield Harriers	53.4
7	29	Christopher Bampton	Amber Valley	53.7

<u>800m</u>			<u>FINAL</u>	<u>CBP</u> <u>1:50.5</u>
1	3	Alex Bostock	Notts A C	2:02.2
2	1	Richard Belton	Notts A C	2:06.5

<u>1500m</u>			<u>FINAL</u>	<u>CBP</u> <u>3:47.6</u>
1	3	Alex Bostock	Notts A C	4:10.5
2	26	Christopher Brown	Mansfield Harriers	4:17.4
3	1	Richard Belton	Notts A C	4:25.4

<u>5000m</u>			<u>FINAL</u>	<u>CBP</u> <u>14:24.9</u>
1	9	Peter Tallents	Retford A C	15:57.6
2	8	Andy Wetherill	Redhill Road Runners	15:58.5
3	15	David Wright	Lincoln Wellington	18:43.2

<u>110mH</u>			<u>FINAL</u>	<u>CBP</u> <u>14.8</u>
1	36	Stefan Wilcockson	Mansfield Harriers	17.2
2	30	Jonathan Newell	Mansfield Harriers	18.7

W/S

<u>400mH</u>			<u>FINAL</u>	<u>CBP</u> <u>55.5</u>
1	36	Stefan Wilcockson	Mansfield Harriers	57.0
2	41	Robert Barker-Davis	Notts A C	60.4
3	1	Richard Belton	Notts A C	63.0
4	30	Jonathan Newell	Mansfield Harriers	64.3

<u>3000m S/C</u>			<u>FINAL</u>	<u>CBP</u> <u>9:17.7</u>
1	38	Robert Starr	Sutton Harriers	13:23.9

**Long Jump****CBP** **7.04**

1	21	Adrian Stamp	University of Nottingham	6.70
2	24	Robert North	Unattached	6.19
3	13	Tom Beaumont	Newark A C	5.97
4	16	Simon Langley	Newark A C	5.39
5	23	Paul North	Unattached	5.15

**High Jump****CBP** **2.10**

1		abandoned / cancelled		
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**Triple Jump****CBP** **15.06**

1	13	Tom Beaumont	Newark A C	13.27
2	36	Stefan Wilcockson	Mansfield Harriers	11.59
3	16	Simon Langley	Newark A C	10.60

**Shot****CBP** **14.99**

1		abandoned / cancelled		
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**Javelin****CBP** **61.69**

1	11	Christopher Eden	Notts A C	57.09
2	6	Lee Peters	Mansfield Harriers	49.43
3	16	Simon Langley	Newark A C	40.64
4	33	Steve Woolley	Mansfield Harriers	37.48

**Discus****CBP** **46.30**

1	32	Matthew Woolley	Mansfield Harriers	36.68
2	16	Simon Langley	Newark A C	30.04
3	33	Steve Woolley	Mansfield Harriers	29.69
4	18	Paul Gair	Mansfield Harriers	26.65
5	37	Paul Smith	Newark A C	24.64
6	20	Michael Perkins	Rushcliffe A C	24.57

**Hammer****CBP** **64.74**

1	2	Robert Careless	Notts A C	57.07
2	16	Simon Langley	Newark A C	29.48

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**2007 Nottinghamshire A.A.A Championships 2007**

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**Vet Men**

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<b><u>100m</u></b>	<b><u>FINAL</u></b>	<b><u>CBP</u></b>	<b><u>10.7</u></b>
			W/S
1 43	Dalton Powell	Notts A C	12.0
2 543	John Statham	Charnwood A C	12.3
3 531	Christopher Ashmore	Mansfield Harriers	12.5
4 533	Alan Maddocks	Mansfield Harriers	14.1
5 547	Shaun Davy	Mansfield Harriers	14.5

<b><u>400m</u></b>	<b><u>FINAL</u></b>	<b><u>CBP</u></b>	
1 536	Martin White	Mansfield Harriers	54.1
2 531	Christopher Ashmore	Mansfield Harriers	58.3
3 542	Peter Beaumont	Newark A C	58.9
4 533	Alan Maddocks	Mansfield Harriers	63.2

<b><u>3000m</u></b>	<b><u>FINAL</u></b>	<b><u>CBP</u></b>	
1 539	Peter Tallents	Retford A C	9:18.6
2 538	Andy Wetherill	Redhill Road Runners	9:30.8
3 546	Mark Yates	Redhill Road Runners	9:40.0
4 548	John Hewitt	Worksop Harriers	10:00.5
5 545	David Oxland	Notts A C	10:05.7
6 541	Ken Allen	Notts A C	11:42.0

**Long Jump****CBP**

1 531	Christopher Ashmore	Mansfield Harriers	5.20
2 547	Shaun Davy	Mansfield Harriers	4.98

**High Jump****CBP**

1 abandoned / cancelled

**Shot****CBP**

1 abandoned / cancelled

**Hammer****CBP**

1 544	Paul Gair	Mansfield Harriers	36.69
2 550	Paul Smith	Newark A C	25.40
3 540	Andrew Mitchell	Sutton Harriers	24.68
4 549	Steve Woolley	Mansfield Harriers	22.60
5 534	Kevan Brown	Notts A C	21.67