

Notts AAA 10K County Championships 9 July 2011 Notfast 10K

Senior Men

1 Paul Butcher	33-46 Southwell RC	2 Carl Allwood	34-34 Sutton Harriers
3 Tim Doughty	36-07 Worksop Harriers		

Vet Men 40/49

1 Paul Butcher	36-46 Southwell RC	2 Andrew Stevens	37-14 Redhill RR
3 Girvan Wright	38-53 Long Eaton RC		

Vet Men 50/59

1 Nigel Watkins	38-06 Notfast RC	2 Dave Walsh	38-49 Redhill RR
3 Alan Mablethorpe	41-02 Long Eaton RC		

Vet Men 60/69

1 Ken Allen	43-53 Notts AC	2 John Combie	45-58 Newark AC
3 Derek Poole	46-25 H/Pierrepont		

Vet Men O/70

1 Tony Staniland	47-09 Sutton Harriers	2 Nigel Daniels	50-43 Redhill RR
3 David Onions	56-03 Redhill RR		

Senior Ladies

1 Niki De La Salle	36-12 Notts AC	2 Catherine Charlton	41-49 Redhill RR
3 Ann Ford	43-38 Redhill RR		

Vet Ladies 35/44

1 Claire Hayes-Gill	43-54 H/Pierrepont	2 Mel Hodson	46-39 Sutton Harriers
3 Ruth Jones	47-36 H/Pierrepont		

Vet Ladies 45/54

1 Mary Mills	47-04 H/Pierrepont	2 Nicole Vaughan	49-27 Worksop Harriers
3 Amanda English	50-38 Redhill RR		

Vet Ladies 55/64

1 Ann Ford	43-38 Redhill RR	2 Denise Winfield	53-36 Mansfield Harriers
3 Mary Wright	59-14 U/attached		

Vet Ladies O/65

1 Sandy Poole	54-15 H/Pierrepont	2 Pat Allen	57-18 Notts AC
3 Viv Hall	60-59 H/Pierrepont		