

## **Notts AAA 10K County Championships 13 July 2009 Notfast 10K**

### **Senior Men**

- 1 Ben Bennett 33-52 Redhill RR
- 2 Mark Greenwood 34-32 Lincoln Wellington
- 3 Simon Nash 36-39 Redhill RR

### **Vet Men 40/49**

- 1 Simon Nash 36-39 Redhill RR
- 2 David Walsh 38-53 Redhill RR
- 3 Carl Davey 44-44 Redhill RR

### **Vet Men 50/59**

- 1 Stan Pascoe 37-00 Redhill RR
- 2 Dave Ward 43-00 Worksop Harriers
- 3 Chris Middleton 46-20 Redhill RR

### **Vet Men O/60**

- 1 Brian Harris 41-09 Mansfield Harriers
- 2 John Combie 44-55 Newark AC
- 3 William Scott 51-04 Holme Pierrepont

### **Senior Ladies**

- 1 Jenny Bonser 38-49 Unattached
- 2 Catherine Charlton 43-15 Redhill RR
- 3 Jackie Mather 45-37 Long Eaton RC

### **Vet Ladies 35/44**

- 1 Claire Combes 47-41 Mansfield Harriers
- 2 Julie Bonser 49-14 Worksop Harriers
- 3 Wendy Kane 49-23 Notts AC

### **Vet Ladies 45/54**

- 1 Jackie Mather 45-37 Long Eaton RC
- 2 Mary Mills 47-01 Holme Pierrepont
- 3 Denise Winfield 54-27 Mansfield Harriers

### **Vet Ladies O/55**

- 1 Friedel Plant 55-37 Holme Pierrepont
- 2 Christine Oldfield 61-34 Holme Pierrepont