

**Athlete and Coach
Development Session**

Hurdles and Jumps Academy

**Sat 17 March 2017
10:00am to 12:00 noon**

**Harvey Hadden Track
Nottingham, NG8 4PB**



**Nottinghamshire
Athletics Network**



**Interested in improving in High
Jump, Long Jump or Hurdles?**

**Then come along to our next
Nottinghamshire Athletics
Network Hurdles and Jumps
Academy coaching session.**

**Sessions will be led by England
Athletics event specialist
coaches.**

**Open to all under 13s under
15s and under 17s**

Small charge of £2 per athlete. Free to coaches.

**For further information speak to
a coach at your club or contact:**

**David Lisgo (Network Coordinator)
01623 635991 mwcdg_david@hotmail.co.uk**

